



# Malden Jr. High School Invitational

**Meet Info Malden High School will be hosting an Invitational on Monday, April 5, 2020.**

## Schedule

Coaches Meeting – 2:45

Field Events- 3:30 – Pole Vault will be contested at 2:00

Running Events 4:00

**Registration :** Must enter entries on MO Mile Split by Sunday, April 4<sup>th</sup> at 6:00 pm

**Divisions:** Boys and girls

### Entry Fee:

The entry fee will be \$75 each team. Entry fees must be received before the meet on April 6, 2020.

Please send fees and registration to: (Make checks payable to Malden School District)

Malden Jr. High School  
Attn: Tim Harmon  
505 Burkhart Street  
Malden, MO 63863

### Entries:

Limited to 2 participants per event per school and 1 relay per school. Athletes may participate in up to 4 events.  
All jumps and throws will have 3 attempts per athlete.

**Timing:** FAT Timing

**Results:** Will be posted after meet on MO Mile Split

**Concessions:** Full Concessions will be available during Meet

### Hospitality Room :

Located will be announced during Coaches Meeting. This is available for Administration, Coaches and Bus Drivers only

# **Malden Jr. High School Invitational**

**Monday, April 5, 2020 Malden High School**



## **Running Events**

**\*Starts 4:00\***

**100m Hurdles**

**100m dash**

**4x200m**

**1600m**

**4x100m**

**400m**

**800m**

**200m**

**4x400m**

## **Field Events**

**\*Starts 3:30\***

**Pole Vault will start at 2:00**

**Athletes have 2 hours to complete Long and Triple Jump**

**Long Jump - 3:30 – 5:30**

**Triple Jump – 3:30 – 5:30**

**High Jump - Ladies to be followed by Men**

**Shot put - Ladies to be followed by Men**

**Discus - Men to be followed by Ladies**