

# Schedule

**3:00** Track Opens

**3:15-3:45** Weight Certification in South Team Room

**3:20** Coaches Meeting in fieldhouse lobby of high school

**4:00** Field Events (*\*Each school must provide two workers to work the field event your school is slated to oversee- please see below*)

**4:30** **RUNNING EVENTS TRIALS& FINALS WILL RUN GIRLS /BOYS**

3200 Meter Relay  
100/110 Meter Hurdle Trials  
100 Meter Dash Trials

## **15-Minute Break**

### **Finals**

100/110 Meter Hurdles  
100 Meter Dash  
1600 Meter Run  
800 Meter Relay  
400 Meter Dash  
400 Meter Relay  
300 Meter Hurdles  
800 Meter Run  
200 Meter Dash  
3200 Meter Run  
1600 Meter Relay

**High Jump:** **Girls will Jump First - Boys Second with 30 minute warm up between them.** The starting heights will be 2 increments below the 8<sup>th</sup> seed.  
**(Hartford & West Bend West)**

**Pole Vault:** **Boys will Vault First - Girls Second with 30 minute warm up between them.** The starting heights will be 2 increments below the 8<sup>th</sup> seed.  
**(Kettle Moraine Lutheran)**

**Shot Put:** **Girls Throw First.** Each athlete will receive four throws, no finals.  
Throwing format will be 1-1-1-1.  
**(Kewaskum)**

**Discus:** **Boys Throw First.** Three throws in trials and three in finals. Top 9 go to finals. Throwing format will be 1-1-1-1.  
**(Living Word)**

**Long Jump:** **Girls Jump First (4:00-5:00 open pit).** Athletes will get 4 jumps and no finals Boys trials will start 30 minutes after the completion of the Boys Triple Jump and be open pit for one hour.  
**(Slinger)**

**Triple Jump:** **Boys Jump First (4:00-5:00 open pit).** Athletes will get 4 jumps and no finals Girls will start 30 minutes after the completion of the Boys Triple Jump and be open pit for one hour.  
**(West Bend East)**

**\*\*\*All Wheelchair events will take place between the boys and girls heats**