



JACKETS INDOOR
January 29th & 30th, 2021
Mount Vernon Energy Fieldhouse
101 Yellow Jacket Dr. Mount Vernon OH 43050



Meet Director Info:

Justin Sanford

740-393-5900

JSANFORD@MVCSD.US

GENERAL MEET INFORMATION

- Spikes are ¼ inch pyramids only; Spikes will be checked during clerking and lane assignment
- Only water is permitted in the fieldhouse competition area – all other liquids must be consumed in the lobby area – bottle fill stations are located in the facility
 - Fieldhouse will open 1 hour prior to start of events
 - Registration is online at: www.oh.Milesplit.com
- Payments are due to Justin Sanford, at the date of the event: checks made payable to Jacket Boosters
 - 2 entries per event/per team - including relays
 - All OATCCC rules apply
 - Price is \$20 per athlete up to 4 events; \$20 per relay or
- Team price is a max of \$200 per gender (11 or more athletes) – paid day of event
 - All timing is FAT
 - *Entries due by 6pm Tuesday January 26th*

SCHEDULE OF EVENTS

Field Events - Friday January 29th

All field events start at 5pm * Pole Vault starts at 4:30am

Girls Pole Vault – Boys to follow

Boys Long Jump – Girls to follow (4 Jumps, No Finals)

Boys High Jump – Girls to follow

Boys Triple Jump – Girls to Follow * starts after long jump (4 Jumps, No Finals)

Girls Shot Put – Boys to follow (4 Throws, No Finals)

Girls Weight Throw – Boys to follow * starts after shot put (4 Throws, No Finals)

Running Events – Saturday January 30th

Running Events start at 10am (rolling schedule / Girls 1st, Boys to follow)

3200m (may be combined)

60m Hurdles Prelims – Top 6 to finals

60m Prelims – Top 6 to finals

4x800

4x200

60H Final

60m Final

1600m

400m

800m

200m

4x400

JACKETS INDOOR
January 29th & 30th, 2021
Mount Vernon Energy Fieldhouse
101 Yellow Jacket Dr. Mount Vernon OH 43050

COVID PROTOCOLS

- NO SPECTATORS permitted
- Coaches must check each participating athlete prior to arriving at our facility (*ie. temperature and symptom checks*). Anyone with symptoms and/or temperature should not be permitted to travel and/or enter the facility.
- Masks will be required at all times throughout the facility, except when the athlete is competing. Coaches are required to wear masks at all times.
- Teams will be paired together for Long Jump, Shot Put, and Weight Throw (*ex. Mount Vernon and John Glenn throwers will compete together. 5 min warm-up for both teams, then compete together 4 throws. The next pair of teams will receive a 5 min. warm-up then compete in their 4 throws*).
- Teams must bring their own throwing implements (shot & weight) for competition.
- Field event participants will be asked to retrieve their own implement after throwing.
- Teams must bring their own batons for relay events.
- To limit the capacity within the facility, all participating teams must be willing to provide one coach to work a field event, if needed.
- No Chewing Gum
- Each school will be assigned a designated set of bleachers for their “camp”. Athletes not competing should remain in their designated areas until it is time for their event.
- Social distancing must be practiced at all times.
- Hand sanitizer will be available throughout the facility.

ADDITIONAL MEET INFORMATION

- Maximum of 12 schools will be invited to this meet.
- All athletes must check in for running events near the 60m starting line. Athletes will be grouped by heat and escorted to starting line.
- Athletic Trainer will be available on site – anyone needing taped/wrapped, must have a note from their team Athletic Trainer.
- Bottle filling stations are available throughout the facility – athletes should bring their own water bottle.
- Concessions will not be available - there are vending machines in the facility for additional drinks.
- Tape is not to be used for marking on the track surface. Athletes can use chalk or tennis balls.
- When possible, if an athlete is finished competing and can leave the facility, we appreciate them doing so. There should be no congregating throughout the facility.