## DEL RIO WALTER LEVERMANN QUEEN CITY RELAYS - 2021

THANKS AGAIN FOR PARTICIPATING IN OUR TRACK AND FIELD MEET ON THURSDAY., FEB.25. WE HOPE TO RUN AN ORGANIZED AND EFFICIENT MEET AND WISH YOU A GREAT TRACK SEASON.

THE ADD/SCRATCH MEETING WILL BE DONE VIA- THE MILESPLIT LINK. HERE IS THE LINK TO OUR TRACK MEET https://tx.milesplit.com/meets/404265-queen-city-relays2021/coverage\#.YC7lamhKg2w OR Queen City Relays 2021 - Meet Information (milesplit.com) QUESTIONS AND CONCERNS EMAIL WITH SETH BROWER (seth.brower@trackforlife.com). HE WILL EMAIL YOU AS WELL WITH FURTHER INSTRUCTIONS ON HOW TO REGISTER THE ATHLETES. THE DAY OF THE MEET YOU WILL ONLY BE ABLE TO SCRATCH AN ATHLETE FROM THE EVENT. WE WILL HAVE A SHORT MEETING IN THE CENTER OF THE FIELD AT 2:30 P.M. ENTRY FEE IS $\$ 150.00$ PER TEAM ENTERED IN EACH DIVISION OR \$15.00 PER INDIVIDUAL RUNNER.

MAKE CHECK PAYABLE TO: DEL RIO TRACK \& FIELD

COACHES: | Please instruct your teams not to enter the track through the finish line, but |
| :--- |
| through the other ramps. No camps on the field! Remind them not to walk |
| into the High School Campus. |

*** ALL TEAM CAMPS WILL BE ASSIGNED THROUHGOUT THE STADIUM IN THE STANDS IN ORDER TO FOLLOW
COVID-19 UIL TRACK \& FIELD PROCDURES. SEE THE END OF THE PAGE FOR ASSIGNMENTS AND PROCDURES.

Please have your athletes wear a mask or a face covering and social distance anytime they are not competing through the track meet.

BELOW IS OUR RUNNING EVENT SCHEDULE. ONE RACE WILL BEGIN IMMEDIATELY AFTER THE PREVIOUS RACE. WE WILL TRY NOT TO RUN ANY RACES (EXCEPT THE 3200M RUN) UNTIL ALL FIELD EVENTS ARE COMPLETED.

DIVISIONS: VB - VARSITY BOYS, VG - VARSITY GIRLS
3:45 P.M.
FIELD EVENTS (SEE PAGE 2)
Long Jump, Triple Jump, High Jump, Discus, Shot Put, \& Pole Vault All field events will have a prelim and a final.
3:45 P.M. 3200 M RUN (DIV. VG THEN VB)
5:30 P.M. (Or as soon as all field events are done) RUNNING FINALS (DIV. VG THEN VB)

> 400 M RELAY 800 M RUN $100 \mathrm{M} / 110 \mathrm{M} \mathrm{HH}$ 100 M DASH 800 M RELAY 400 M DASH 300 M IH  200 M DASH 1600 M RUN 1600 M RELAY PRESENTATION OF TEAM CHAMPION TROPHIES

## FIELD EVENTS

Please have your athletes wear a mask or a face covering and social distance anytime they are not competing through the track meet.

ALL FIELD EVENTS BEGIN AT 3:45 P.M.
We Will have a prelim and a final for the horizontal JUMPS and throwing EVENTS.

BELOW IS THE LOCATION FOR THE JUMPING/THROWING PITS BY DIVISION.
DIVISIONS: VB - VARSITY BOYS, VG-VARSITY GIRLS,
(Will discuss at Coaches meeting) = OPENING HEIGHT
LONG JUMP PIT 1 -DIV. VB (17’) THEN VG (12’)

TRIPLE JUMP PIT 1 -DIV. VG (28') THEN VB (36’)

HIGH JUMP PIT \#1 DIV. VG (4’4"), THEN DIV. VB (5'4")

POLE VAULT DIV.VG (6'6"), THEN VB (9')
Behind the Visitor Side of Stadium
SHOT PUT
RING 1 or RING 2 - DIV. VB (35'), THEN VG (25')

DISCUS
RING 1 - DIV. VG (80’), THEN VB (100’)

## Pit Location and Team Locations

Please have your athletes wear a mask or a face covering and social distance anytime they are not competing through the track meet.

Have your athletes stay in the designated team area until it is time for the athlete to warmup for their event.


## Throwing Events Location

## Behind the Visitor Side of Stadium

Please have your athletes wear a mask or a face covering and social distance anytime they are not competing through the track meet.

## Have your athletes stay in the designated team area until it is time for the athlete to warmup for their event.

Bottom Top Field 1


Bottom Field 2 Team Locations

| Del Rio | $\underline{\text { Uvalde }}$ | United | Alexander | CC Winn | Earle Pass |
| :---: | :---: | :---: | :---: | :---: | :---: |


| Shot Put <br> Ring 1 | Shot Put <br> Ring 2 |
| :---: | :---: | | Shot Put <br> Ring 3 |
| :---: | | Shot Put |
| :---: |
| Ring 4 |

## UIL Track \& Field COVID-19 Specific Protocols

## General:

- Social distancing of at least 6 feet should be maintained when possible. No hugging, shaking hands, or fist bumps for support/encouragement.
- Recommend that meet hosts have an area designated for spectators so that the competitors, coaches, and officials are always away from the spectators in the venue.
- Recommend that each meet has a specific event and warm-up schedule to prevent large gatherings at a particular event.
- Recommend only using every other lane during lane events If possible.
- Recommend that competitors proceed immediately off the track and to a designated recovery location near the finish area where social distancing may take place. Competitors should also put their mask as soon as they are done competing in their specific event.
- Recommend that there are designated camp locations for all teams that are a minimum of $\mathbf{2 5}$ feet apart from other team camps. If hosts allow, buses can be used as a camp location for teams if desired. Clean and disinfect frequently touched surfaces and exercise equipment.
- Hand sanitizing stations will be available and encouraged for frequent use.
- Restroom facilities will be monitored to guarantee $50 \%$ capacity is not exceeded, $\mathbf{3}$ people at a time in our visitor's side restroom.
- No Concessions stands will be available.
- Water fountains will be unavailable during event.


## Coaches:

- Communicate your guidelines in a clear manner to your athletes.
- Masks must be worn at all times and Social Distancing monitored by the visiting teams coaching staff
- Please enforce COVID 19 protocols at all times
- PA Announcer will provide announcements regarding expectations of behavior, including COVID-19 mandates.


## Walter Leverman Track Stadium

## Track Color Code

Staggers: Half Staggers (ONE TURN)<br>Start - 200 M Dash<br>Start - 300 M Hurdles<br>Start - 800 M Run

White

Full Staggers (Two Turn)
Yellow
Start - 400 M Dash
Start - 400 M Relay

Stagger \& Half (Three Turn)
Blue
Start 1600 M Relay

Double Stagger (Four Turn)
Green
Start 800 M Relay

International Tabs
400 M Relay
Yellow
800 M Relay
Green

Finish Line
White
Break Line
Green
Starts $\quad 100,110,1600,3200$
White

## Exchange Zones:

400 M Relay Yellow
800 M Relay Green (1st \& 2nd Exchange)
Yellow (3rd Exchange)
1600 M Relay Blue

Hurdles: 100 \& 110 M Hurdles (10 Hurdles) 300 Hurdles (8 Hurdles)

Girls
Boys
Girls
Boys

100 M Hurdles - Yellow Tabs (33 inches tall / 1 empty hole)
110 M Hurdles $\quad-\quad$ Blue Tabs ( 39 inches tall / 3 empty holes)
300 M Hurdles - Green Tabs (30 inches tall / 0 empty holes)
300 M Hurdles - Green Tabs (36 inches tall / 2 empty holes)

