



# Siegel High School's Siegel Invitational 2



### Contact Information:

Siegel Head Coach:

Larry Smith

931-200-0735

[smithlar@rcschools.net](mailto:smithlar@rcschools.net)

Siegel High School

3300 Siegel Rd

Murfreesboro, TN. 37129

### Meet Information:

- Coaches Meetings @ 4:30PM and 10:00AM.
- Track and Field Concession Stand will be under the home side stadium. Please help promote Track and Field by using the concession stand under the home side stadium.
- Team tents must be spaced out on the practice field or parking lot, no tents in the stadiums.
- Athlete/Coach entrance across from field house.

### Live Result:



### IMPORTANT NOTES:

The first flight of field events will start at 5:00 PM. Field events will open at 4:30 PM for warmups.

3200m runs on Friday will be at 6:30/7:15 PM.

Triple Jump at 9 AM on Saturday.

4 x 800m at 11:00 AM and will begin the running events on Saturday.

Senior Recognition at 1 PM (30min)



# Siegel Meet Information

- 🏅 Please review all rules and regulations with your athletes before arriving.
- 🏅 Team entry fees of **\$50 per team, \$100 for both boys and girls teams.**
- 🏅 Checks should be made out to Siegel High School Track and Field
- 🏅 All guidelines are in place to run an efficient meet with many heats.
- 🏅 Athletes must stay off the infield unless they are being escorted by an official.
- 🏅 Once they sign in, athletes should not leave the staging area.
- 🏅 Field events will check in at their event area, not at the clerk.
- 🏅 **Officials will not wait for an athlete if they are not in the staging area.**
- 🏅 Teams/athletes will be scratched 1 min after the third and final call.
- 🏅 Officials will escort heats to the start lines from the athlete staging area.
- 🏅 Blocks will be provided.
- 🏅 No “run outs” will be allowed.
- 🏅 **False starts will be a disqualification.**
- 🏅 Scoring will be 10-8-6-5-4-3-2-1.
- 🏅 For races that finish in lanes (Hurdles, 100m, 200m, 400m), competitors will walk back to the finish line and stand on the number in their lane until told by an official to exit the track. This will save a lot of time if athletes are aware of this ahead of time. Please share this with your athletes before you arrive.
- 🏅 For races that finish in lane 1 (800m, 1600m), competitors will run into the chute in the order they finished after passing the finish line and remain there until told by an official to exit the chute.
- 🏅 800m and 1600m racers will wear hip numbers on their LEFT side. The camera can't see the number if it is on the front of the leg. Numbers must be directly on the side of the leg.

**Principal:** Larry Creasy

**Assistant Principals:** Lorie Gober, Trey Ondrus, Ricky Parker, Dr. Pamela Perkins

**Athletic Director:** Greg Wyant

**Meet Director:** Larry Smith, 931-200-0735, [smithlar@rcschools.net](mailto:smithlar@rcschools.net)

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**615-904-3800**