

## **Lometa District Cross Country Meet**

**Date: October 13, 2020 (Tuesday)**

**Time: 9 a.m.**

**Place: Lometa Regional Park (The Site)**

Lometa ISD is very happy to host our district meet for you.

Please be reminded that we must comply with UIL rules, including:

**District Meets may only have one level of competitors participating on site at a given time.** Example: if Varsity Boys/Girls are running, JV would not be allowed on site until the varsity athletes have left. District Meets may exceed the 8 school limit if their district has more than 8 schools. District Meets will continue to follow the normal entry limit of 7 (+3 alternates).

Additional information can be found at: <https://www.uiltexas.org/cross-country>

For clarification, “on site” for this meet includes the whole area of Lometa Regional Park.

**District meet includes:** Brooksmith, Cherokee, Lohn, Lometa, Richland Springs, and Rochelle

## **Schedule**

**9 am JV Girls**

**9:30 am JV Boys**

**10:30 am Varsity Girls**

**11:00 am Varsity Boys**

**\*clear out and gives time for transfer of teams**

**3:45 pm JH Girls**

**4:15 pm JH Boys**

**Here are a few things to know about the meet:**

- Please review COVID rule changes to cross country meets and help us comply with the rule changes.
- Please submit all entries through: [www.txmilesplit.com](http://www.txmilesplit.com)
- Teams may have 7 runners plus 3 alternates.
- Concession stand will offer only snacks and drinks.
- Requesting each school please provide 2 workers to assist with the meet.

**Forms to be completed:**

- UIL eligibility forms for Varsity girls and boys (received before first competition)
  - Athletic Participation forms for new enrollees
  - District Varsity girls and boys entry forms need to be submitted 5 days prior to meet
- ★ Please send all documentation to our DEC (district chair: [dlewis@rochelleisd.net](mailto:dlewis@rochelleisd.net))

**Reminder: if you add a Varsity athlete later in the season, you must complete a supplemental form prior to competing on the Varsity level.**

Please call me if you have any questions or concerns, and **good luck with the rest of your season!**

**See you at District!**

**Coach Reyes**

**512-734-9093**

**[areyes@lometaisd.org](mailto:areyes@lometaisd.org)**