



SALINA INVITATIONAL CROSS COUNTRY

Saturday, October 10, 2020

10:00 a.m.

Location: Bill Burke Park, 1501 East Crawford, Salina, KS 67401

We will be starting and finishing on west side of the dike. Buses may park in the Bill Burke Parking area on the east side of the dike.

If coming from the East or West on I-70, take the Ohio Street exit South approximately 3 miles. Turn left (East) on Crawford Street. If coming from the North or South on I-135, take the Crawford Street exit East approximately 2 miles to the Crawford and Ohio Street intersection, then proceed as above.

Participating Teams: Clay Center, Dodge City, Goddard Eisenhower, Hays, Junction City, Maize South, Salina Central, Salina South, Shawnee Mission- North, Wichita Trinity Academy

Entry Fee: \$50 per team; \$100 for both girls and boys teams

Entries: Please submit your entries at <https://ks.milesplit.com/meets/398016-salina-invitational/info#.X3Oci5NKifU>.

Due by 6:00 PM on Thursday, October 8th. If you have any questions, please contact Kellen Adams at kjadams@midwesttiming.com.

<u>Race Times:</u>	10:00 a.m.	Girls Varsity	5km.	Maximum 7 entries
	10:30 a.m.	Boys Varsity	5km.	Maximum 7 entries
	11:00 a.m.	Girls JV	5km.	Unlimited entries
	11:30 a.m.	Boys JV	5km.	Unlimited entries

Coaches Meeting: Will be held near the finish line and results table for **High School coaches** at 9:30am.

Awards: Varsity races – top 20 finishers

JV races – top 15 finishers

Medals will be given out in the chute.

Complete results packets will be available after the completion of the last race.

Scoring: The meet will be scored with Hy-Tek Meet Manager software for cross country. Individual times/places will be posted after each race and complete results available after the meet.

Packets: We will try to spot your vehicle as you arrive and present packets to you. Your packet should contain a meet day letter, your roster, runner tags, pins, course maps, and a trash bag. **Please look over your roster to assure that we have the names of all of your runners. There is no need to let us know if someone has scratched.**

Team Camps Please use the soccer fields West of the dike as well as the areas around the baseball fields to space out camps. Remind parents not to congregate at camps as well. Please remind parents and runners to stay off all baseball fields.



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Restrooms/Dressing Rooms: There is a men's and women's restroom in Bill Burke on the east side of the dike. Teams should come dressed. No dressing facilities are available.

General Guidelines for all athletics and activities including coaches and participants

- ANYONE feeling sick should stay home and contact their healthcare provider.
- A mask/face covering is required to be worn at all times by all personnel, including students, except when students are directly participating in the activity.
- Social distancing of 6 feet will be maintained when appropriate.

Cross Country

- Runners and coaches should maintain social distancing.
- Athletes and Coaches will wear masks when no physical exertion is occurring.
- For home events, limit the number of participants per school.
- The course will be widened where possible.

Teams will be given a specified area for "camps" that will be socially distanced.

There will be no awards ceremony. Awards will be presented in a chute or given to coaches at the end of the race.