# Wauzeka-Steuben Cross Country Invitational

Event Date: Saturday, September 19th, 2020

<u>Description</u>: Our course takes runners alongside treelines, over fields, and past multiple treestands before coming to a challenging portion of the race that leads runners down (and UP) a trail through the woods with a sharp incline. A rugged, difficult course but with beautiful scenery and landscape!

Location: 54009 Falcon Lane Wauzeka, WI 53826. The course is located on HWY N, between Wauzeka and HWY 27.

# Participating Teams:

- High School: Belmont, Cassville, De Soto, Kickapoo/La Farge, North Crawford, River Ridge, Shullsburg, Wauzeka-Steuben
- Middle School: De Soto, Kickapoo/La Farge, North Crawford, River Ridge, Wauzeka-Steuben

## Bus Parking:

- Pull down the driveway, and park in the field on the left (see map); there will be a worker to assist you as well.

#### Schedule of Events:

7:30 AM - Course Opens 9:00 AM - Girls Varsity Race 9:45 AM - Boys Varsity Race

11:15 AM - All Varsity Teams depart by 11:15 AM / All MS Teams arrive after 11:15 AM

12:00 PM - MS Girls Race 12:30 PM - MS Boys Race

#### Spectators:

- At this time, no spectators will be allowed at the meet.
- The host school will provide workers as needed.
- Each team is allowed no more than 4 coaches/managers.

## Masks/Distancing:

- Masks are required at all times, by all in attendance (including coaches, managers, workers).
- Runners will be able to unmask during the race AFTER the first left hand turn, approx. 200 m into the race.
- Physical distancing should be maintained whenever possible.

## Race Starts/Boxes:

- Teams will not get called to the start until 5 minutes before the race starts to minimize the amount of time athletes are in that area.
- There will be a gap or extra box between all the schools at the start and the boxes will be larger than normal.

## Finish Line:

- After crossing the finish line, runners should report to a pre-marked, designated area for their team only (to avoid congregating with opposing teams).
- Each team should have one adult at the finish line to help assist their athletes as needed.

**Concessions**: There will be no food/drink served.

## Personal Items at Start:

- Any personal items brought to the starting line should be stored in a personal carrying bag.
- Items should not be commingled with other teammates' items.

**Restrooms**: Porta-potties will be available near the tent sites.

# Roster Entry:

- Entries will be completed through MileSplit at <a href="https://wi.milesplit.com/">https://wi.milesplit.com/</a>
- A direct link for entries will also be posted on AccuRace Timing's site at www.accuracetiming.com
- Entry Deadline is set for 12:00 PM (noon) on Friday, September 18th.

#### Awards:

- Individual medals will be awarded to the top 10 finishers of both boys/girls varsity races.
- Awards may be mailed at a later date.

**Questions**: Contact Ben Dums (Head Coach) at: dumsbenj@wauzeka.k12.wi.us or Mitchell Cernek (AD) at: cernemit@wauzeka.k12.wi.us

Thank you to Gerald and Mary Krachey and Lyle and Jeanne Enke for allowing the Wauzeka-Steuben and the Ridge & Valley Conference to use your property for this event!

