

Iowa-Grant Cross Country Invitational
Saturday, September 5, 2020
Iowa-Grant School District
462 County Road IG, Livingston, WI 53554

Teams: Albany, Brookwood, Fennimore, Iowa-Grant, Riverdale, Southwestern-Benton-Cuba City

Official: Loren Homb

Team Entry Information: Accurace will be doing timing for this meet. Deadline for entries is Thursday (9/3) at noon.

Entries will be through MileSplit at <https://wi.milesplit.com/>.

Claiming your team - <https://support.milesplit.com/en/a/how-do-i-claim-my-team>

Editing your roster - <https://support.milesplit.com/en/a/how-do-i-edit-my-teams-roster>

Registering for a meet - <https://support.milesplit.com/en/a/how-do-i-enter-my-team-in-a-meet>

Contact Clark Jillson, chvjillson@aol.com, with any questions about registration.

Race Schedule: 8:00 - course open for warm-ups

9:00 - Girls Varsity Race

9:35 - Boys Varsity Race

10:05 - Girls JV Race

10:40 - Boys JV Race

Course Information: The course will be spread out on the school's 40 acre campus, combined with a 1 mile loop on the property north of the school. A map is attached.

Bus Parking: Busses will park on the east side of the middle school.

Awards: Due to COVID-19, there will be no awards ceremony. Teams can either wait for their awards to be gathered before you leave, or mailed to you. Top 5 individuals in each race will receive a medal. First place girls and boys varsity teams will receive a plaque.

Concessions: There will be no concessions due to COVID-19. Please encourage your athletes to bring their own food and drink.

Restrooms: A few porta-potties will be on school grounds. No school entry for restrooms will be allowed.

Spectators: Parking is available in front of the middle school and the high school lot. Please do not park with your vehicle sticking out into the course. Each runner will be limited to 2

admission tickets to the meet. There is no charge to attend. Spectators are expected to wear masks and social distance.

Start and Finish: Masks should be worn at the start of the race until just before the race starts. Also do not leave clothing at the start line. Please leave all clothing and personal items at your tent or team area prior to heading to the start.

At the finish, we will have it open after the initial finish line chute. Although not ideal, due to COVID-19 Iowa-Grant will not have meet workers in the chute. Teams will have to help their own runners move through the finish area.

COVID-19 Guidelines:

- Coaches are expected to monitor their own athletes for COVID symptoms before attending this meet.
- Bring your own water bottle for use. Do not share with others.
- Masks will be required by all people on site. Runners will be allowed to remove their masks for warm-up, cool-down, and for their race. Masks must be worn at all other times.
- Do not congregate with runners from other schools

Questions: If you have any questions, please contact Coach Jake Winkler jwinkler@igs.k12.wi.us, or Iowa-Grant Activities Director Casey Clausius cclausius@igs.k12.wi.us

Course Map and Description: The course only repeats in one small area near the bus garage and baseball outfield.

