

The Carolina Liberty Running Club Presents:

# The 2020 Carolina Liberty Freedom Invitational

Saturday, September 26th, Golfview Greenway, Golfview Road, Hope Mills, NC 28348, [carolinalibertyrunningclub@gmail.com](mailto:carolinalibertyrunningclub@gmail.com)

HOSTED BY THE CAROLINA LIBERTY AAU RUNNING CLUB



**WHAT?  
WHO?**

The Inaugural Carolina Liberty Freedom Invitational We ask you to join us in this fun and competitive cross country event for high school, middle aged and youth runners. All private schools and other schools who are allowed to compete and all AAU, USATF and other run clubs are welcome. Due to COVID restrictions, we will have a limit of 250 competitors. We plan to have two starting lines at a time. Each starting line will have up to 50 competitors.

**WHERE?  
WHEN?**

Golfview Greenway, Golfview Road, Hope Mills, NC 28348  
Saturday, September 26<sup>th</sup>, 2020

6:30 AM Check-in begins  
9:00 Boys' Varsity 5K  
9:35 Girls' Varsity 5K  
10:15 Boys' Developmental 5K  
10:45 Girls' Developmental 5K  
11:30 Boys' and Girls' Middle School & Youth 3K  
11:15 Due to COVID restrictions, there will not be an awards ceremony. Medals will be handed out as athletes exit the chute. Team awards can be picked up after the meet.

**ENTRY FEES?** Single gender teams are \$100; \$150 for both men's and women's teams. Entry is \$20 for individuals who do not comprise a complete team. A team is five or more same gender runners from the same school/club. If you register as a team, you can only enter seven runners in the Varsity Races. Checks should be made payable to *Carolina Liberty Running Club*. ***This is an entry fee, not a participation fee. If you register and do not report, your school/club will be billed.***

**HOW TO  
ENTER:**

The entry process is at [NCRunners.com](http://NCRunners.com) and must be completed by Wednesday, September 23, 11:59 PM. Go to [NCRunners.com](http://NCRunners.com) and click on the "CALENDAR" link. Scroll down to the [CAROLINA LIBERTY FREEDOM INVITATIONAL](#) and click the "ONLINE ENTRY" button.

- Due to COVID restrictions, the first 250 athletes are guaranteed entry.
- To enter the meet, contact Jesse L. Autry at [carolinaliberty@gmail.com](mailto:carolinaliberty@gmail.com) to get the password.
- ***Teams are only allowed seven (7) entries into the Varsity 5K Races. All other high school competitors will run in the Developmental Race. Teams do not have to identify their "varsity seven." They can just line them up on meet day.***
- Five same-gender individuals from the same school/club become a team.
- High School teams must be a member of their high school athletic association or of a REAL CLUB.
- Individuals may enter unattached. All competitors MUST fill out a waiver form to compete. If an "unattached" athlete is under 18, they will need a parent signature on the waiver.
- Teams will need to bring checks with them so we don't have to go through "the check is in the mail" routine. Individuals will have an option to pay online.

**T-SHIRTS:**

Awesome invitational shirts for \$15-\$20.

**COURSE:**

In an effort to have some social distancing, there will be two starting lines for the start of each race.

**PARKING:**

If turning onto Golfview Road from the Rockfish Road, buses will park in the first lot on the left. Personal vehicles will be parked in both lots at the Greenway. Overflow parking will be at the Hope Mills Recreation Center parking lot before you turn onto Golfview Road.

**AWARDS:**

Top 10 male and female individuals in all races will receive medals. The top two men's and women's high school aged teams and the top two boy's and girl's aged middle school aged teams will receive plaques.

**RESULTS:**

Available online at [NCRunners.com](http://NCRunners.com).

**Questions?**

Contact Jesse Autry at [carolinalibertyrunningclub@gmail.com](mailto:carolinalibertyrunningclub@gmail.com).