

Gator 3k Opener Protocol

Any coach, athlete, or spectator who violates any of these rules will be asked to comply, leave, or the event will be shut down. Please know that if Athletes, Coaches, Spectators and Volunteers cannot adhere to all the guidelines below, we may not be able to host future events.

Coaches and Athletes

- Arrive 1 hour before competition, gather outside athlete entrance, perform temp checks/COVID Q's
- All coaches and athletes wear masks. (must be worn correctly)
- Enter athlete area only, go to assigned tent/tarp area, do not mingle with other teams
- Use the hand sanitizer provided
- Only use the port a potty assigned to your area
- Athletes may unmask for warm up, strides and drills.
- Athletes stay in tent area until called to start 1-2 minutes before race start
- Athletes go to start line, no run outs or huddles allowed
- Athletes must wear a mask to start line (recommended provided disposable mask)
- No water bottles or clothes to be left at start line.
- No coaches on start line
- Athletes dispose of mask in trash can at start line or may hold it during race but DO NOT throw on the ground at any time during the race
- Athletes finish race and move out of finish area ASAP.
- Athletes will be handed a popsicle stick when they finish to determine results
- Athletes will be handed a disposable mask which they MUST wear immediately
- Athletes must head back to tent area immediately.
- No waiting for teammates or intermingling with other teams at finish line.
- No handshakes, hi-fives, hugs, etc. after race (or at any time)
- Bottled water will be provided for athletes just outside of finish area (no sharing/waterfalls).
- Coaches must collect popsicle sticks and provide results to host coaches by text or email to complete results. We need a name for each popsicle stick.
- Athletes can cool down but must leave as soon as possible. Must wear masks unless racing, warming up or cooling down.
- Athletes must leave through the athlete EXIT only. DO NOT go under the ropes to the spectator side of course.

Spectators (200) (2 guests per athlete)

- Wait in car until spectator gates open (1 hour prior to competition)
- Enter Spectator Entrance only
- Must ALWAYS wear a mask (cover nose and mouth)
- Must socially distance
- May bring a camping chair if seating is socially distanced
- Must stay in designated spectator area (do not enter team area)
- Do not go under the ropes to the course, be respectful to volunteers (their job is safety)
- Do not get within 6 feet of athletes on course

Thank you for your compliance.

