

2020 MidSummer Nights Distance Open July 7, 2020 IWU Track & Field Outdoor Complex

IWU Track Facility: http://www.iwuwildcats.com/facility/details/9-track-field IWU Campus Map: https://www.indwes.edu/undergraduate/campus-map/

Meet Entry: Cost of Entry is \$15. **Entry deadline** is July 3rd at 9pm EST.

Waiver of Liability: Every athlete and coach will be **REQUIRED** to complete IWU's Liability Waiver in order to compete. If this is not received at Check-in, you will not race and your entry fee will **not** be refunded. If a coach is not present, the athlete is the only person required to complete the waiver.

Check-in: Starting at 6:30pm at the Outdoor Track Facility

Field Size Limits: We are restricting to field size in each event to the following...

1600m – 12 girls, 12 boys **3200m** – 12 girls, 12 boys **800m** – 9 girls, 9 boys

*** Only the top verifiable times in each event will be accepted. A list of accepted entries will be published on in.milesplit.com by the morning of July 5th. ***

Schedule of Events: Events will be run at the scheduled time. Athletes will be required to report to the start line 5 minutes before the race time.

7:30pm - 1600m Girls

7:40pm - 1600m Boys

7:50pm - 3200m Girls

8:10pm - 3200m Boys

8:30pm – 800m Girls

8:35pm - 800m Boys

Seating: In an effort to maintain a sanitized, COVID-19 safe facility, the bleachers will be closed to all spectators. Please bring lawn chairs or blankets that can be laid down on our surrounding berms or on the track infield.

If you have questions, please email Coach Snyder at <u>caleb.snyder@indwes.edu</u>.