



Middle School Cross Country Classic
Covid19 Guidelines
Schools & Spectators

*****MHSAA and the MHSAA Sports Medicine Advisory Committee are closely monitoring the Covid19 situation across our state and will work with the Mississippi Department of Health and the Mississippi Governor's office to ensure adherence to any guidelines/stipulations set forth from their offices. Please visit the COVID 19 page on the MHSAA website for up to date guidance*****

Team Requirements:

- Each school should make every effort to keep their team together in and around the time of competition and reduce intermingling with other teams. Every effort will be made to insure adequate spacing in parking and team areas to allow spreading out
- Each school will complete and submit the Team Documentation Chart (Covid19 symptoms) the day of the meet. It is recommended that teams err on the side of caution in athletes with potential exposure or early symptoms and not bring them to the meet. Athletes should be screened BEFORE busing to the venue, not upon arrival and if symptomatic or exposed they should not travel to the venue.
- Schools should consider using a seating chart for buses
- Team tents should be social distanced from each other with adequate spacing for athletes in their area.
- Athletes should remain at the team tent when not competing
- A reminder to teams to report to the MHSAA any new athletes diagnosed with COVID in the 72 hours after the meet.

Coach/Athlete:

- Coaches and support personnel should wear masks or face coverings at all times while at the competition venue.
- Athletes should wear masks or facial coverings while at the venue, except when competing
- Athletes should not share personal equipment, water bottles, etc.
- Teams should be prepared with a means to provide hydration, food, etc. individually for their athletes (IE disposable water cups, or individual water bottles)
- Athletes should not visit other teams before, during, or after the meet
- Utilize available hand sanitizing stations frequently, especially after any physical contact

Spectators:

- Spectators will not be allowed entry without facial coverings.
- Spectators will be reminded with announcements and signage to practice social distancing with other spectators
- Hand sanitizing stations will be available and encouraged for use