25th Annual Tim Menke Invitational Cross Country Meet

Date: Thursday, September 3, 2020 **Race Site:** North Hopkins High School

Check In: High School - 3:00-3:45; Junior High 5:00-5:45

Race Times: 4:00 Varsity Girls 2 miles

4:30 Varsity Boys 3 miles

HS teams leave as soon as second race is over

5:00 JH teams can arrive at race site

6:00 JH Girls 2 miles 6:30 JH Boys 2 miles

Entry Fee: \$75 for each team. Maximum fee of \$250 for all four divisions. Varsity teams are limited to seven runners. **Make checks payable to North Hopkins ISD Cross Country.**

Results/Awards: Cowtown Sports will be timing and posting results. Results will not be posted where a large group of people can congregate. After the race is over, a coach from each school can pick up results at the timing trailer. Top ten runners in each division will receive a medal. First place teams will receive a plaque.

Bus Parking: All bus parking will be on the west side of the track. That is the opposite side of the track away from the school building. Signs will be posted directing you where to park.

Registration: Register your runners on tx.milesplit.com. You must sign up for the varsity and junior high races separately. Have all of your runners registered online by the deadline.

Spectators: All spectators must wear a mask and practice social distancing per UIL rules.

Team Camps: Tents are allowed, but just remember you will have to tear down team camps quickly in order to get schools ushered in and out. After varsity boys finish, all tents need to be put away in order to allow junior high teams to get on the course.

Bathrooms: Bathrooms are located in the main gymnasium. When going to the bathroom, masks are required and social distancing should be practiced.

Please bring your own water and sanitizer. Per the UIL guidelines, athletes are required to wear a mask unless they are competing.

Entry Deadline: September 1, 2020 12 noon

Questions: Kelley Clark: kclark@northhopkins.net 817-480-3019 Mike Welch (Cowtown

Sports): 817-992-3027