

RE-1J Time Schedule - 2020

3:00	Girls 800 Medley Relay		2:00	PV Check & Weigh In	All Vaulters
	Girls 3200 Relay		2:00	Shot/Discus Weigh In	All Throwers
	Boys 3200 Relay				
	Girls 100 Meter Hurdles		<i>LJ, TJ, SP, Discus: 3 attempts, then top 9 to finals</i>		
	Boys 110 Meter Hurdles		2:45	Girls High Jump	
	Girls 100 Meter Dash			4'2", 4'5", 4'8", then 2"	
	Boys 100 Meter Dash		2:45	Girls Long Jump	3/4 flights
	Girls 4x200 Meter Relay			measuring over 11'	
	Boys 4x200 Meter Relay		2:45	Girls Shot Put	3/4 flights
	Girls 1600 Meter Run			measuring over 20'	
	Boys 1600 Meter Run				
	Girls 4x100 Meter Relay		2:45	Boys Pole Vault	
	Boys 4x100 Meter Relay			8', 9', 10', then 6"	
	Girls 400 Meter Dash		2:45	Boys Triple Jump	3/4 flights
	Boys 400 Meter Dash			measuring over 32'	
	Girls 300 Meter Hurdles		2:45	Boys Discus	3/4 flights
	Boys 300 Meter Hurdles			measuring over 75'	
	Girls 800 Meter Run				
	Boys 800 Meter Run				
	Girls 200 Meter Dash		5:00	Boys High Jump	
	Boys 200 Meter Dash			5'2", 5'5", 5'8", then 2"	
	Girls 3200 Meter Run		5:00	Boys Long Jump	3/4 flights
	Boys 3200 Meter Run			measuring over 16'	
	Girls 4x400 Meter Relay		4:30	Boys Shot Put	3/4 flights
	Boys 4x400 Meter Relay			measuring over 30'	
			4:30	Girls Pole Vault	
				6'6", 7'6", then 6"	
			5:00	Girls Triple Jump	3/4 flights
				measuring over 24'	
			4:30	Girls Discus	3/4 flights
				measuring over 65'	