



## 2020 Murray Kula Invitational Track and Field Meet

**About the meet:** In 2018, the Windsor Invitational was renamed the Murray Kula Invitational to honor Coach Kula's tradition of excellence in teaching, coaching and officiating. The third annual Murray Kula Invitational will be held on **Saturday, March 21st**. Each team will be allowed 3 entries per event and 1 relay team. The first 20 teams to respond will be guaranteed entry, thanks for your understanding.

**Site:** Windsor High School – H. J. Dudley Field (1100 West Main Street, Windsor)

**Directions:** Take I-25 to CO-392 (Exit 262). Go east on 392 to 11<sup>th</sup> Street. Take a left at the light. Take the second right-hand turn into parking lot.

**Date:** Saturday, March 21st, 2020. Field events will begin at **8:30am**, running events will start at **9am**.

**Locker Room:** No lockers are available. Restrooms are located on either side of the concession stand.

**Entry Fee/Admission:** \$150 per team or \$300 per school. Please make checks payable to Windsor High School Track. **Gate admission is \$8 for adults and \$7 for senior adults (60+) and students (K-12). Children 4 & Under are Free.**

**Meals:** A lunch will be provided to coaches. No meals will be provided to participants or spectators, but a concession stand will be open for the purchasing of food and beverages.

**Awards:** The top team in the boys' and girls' meets will be awarded trophies. Individual and relay winners will receive medals, first through third.

**Scoring:** The top 8 places per event will be scored (10-8-6-5-4-3-2-1).

**Restricted Areas:** The track, discus and shot put sectors are restricted areas for coaches. These are areas designated for competitors and meet officials only. No athlete camps will be allowed on the infield of the stadium.

**Pole Vault:** Weigh-ins for pole vault will begin at 7:00am.

**Tentative Starting Heights:** These heights **may change** based on meet entries or weather.

Boys High Jump: 4'10" to 5'2" then by 2"

Boys Pole Vault: 7' to 8' then by 6"

Girls High Jump: 3'10" to 4'2" then by 2"

Girls Pole Vault: 5' to 6' then by 6"

**Finals Only:** As the Windsor Invitational is early in the season, all running events will be finals only. Long jump, triple jump, discus, and shot will consist of 3 attempts, top 9 will go to finals.

**Additional Information:**

1. Spikes, if worn, may not exceed 3/16 inch. There will be no spikes allowed in the stands.
2. Athletes may warm-up in the areas north and east of the stadium. Maps will be provided via email as the event gets closer.
3. Field event participants need to report to their designated site.
4. Running events need to report to the clerk on the infield.
5. A trainer will be available during the meet.
6. Starting blocks will be provided, but each school must provide its own batons.
7. Weigh-ins for throwing implements will be done south of the stands, beginning at 7:00am.

**Coaches Meeting:** The coaches meeting will begin promptly at 7:30 a.m. in the cafeteria.

**End of Meet:** Final results will be available on milesplit.com. A copy of the results will also be emailed to each head coach. **Please pick up awards/trophies in the press box before leaving.**

**Entries:** Each school will be allowed 3 entries in individual events and 1 relay team per relay race. Participating athletes are to be entered at <http://www.co.milesplit.com/>. Entries will be due by **Friday, March 20th at 7:00pm**. There will be **NO** substitutions or additions the morning of the meet. Please make certain that entries are correct prior to the deadline.

**Inclement Weather:** In the event the weather looks questionable, you may call (970) 290-5161. If the invitational is to be cancelled, a decision will be made by 5 a.m. on the day of the meet and the cancellation will be posted at windsorwizards.org. If there is no cancellation posted, assume the meet will be held as scheduled.

**Questions:** If there are questions, please do not hesitate to ask.

Email – bryan.horn@weldre4.org

Cell Phone – (970) 290-5161

Work Phone – (970) 686-8100 extension 3675

## Murray Kula Invitational Tentative Time Schedule - Saturday March 21st, 2020

7:00 am Begin Weight-in's for Pole Vault and Throwing Implements

7:30 Coaches Meeting

9:00 Girls 3200m Run

9:20 Boys 3200m Run

9:50 Girls 800m Medley Relay

10:05 Girls 100m Hurdles

10:20 Boys 110m Hurdles

10:35 Girls 100m Dash

10:50 Boys 100m Dash

11:05 Girls 4x800m Relay

11:20 Boys 4x800m Relay

11:35 Girls 4x200m Relay

11:40 Boys 4x200m Relay

12-12:30 LUNCH

12:30 Girls 1600m Run

12:45 Boys 1600m Run

1:10 Girls 4x100m Relay

1:20 Boys 4x100m Relay

1:30 Girls 400m Dash

1:50 Boys 400m Dash

2:10 Girls 300m Hurdles

2:25 Boys 300m Hurdles

2:40 Girls 800m Run

3:00 Boys 800m Run

3:20 Girls 200m Dash

3:35 Boys 200m Dash

3:50 Girls 4x400m Relay

4:05 Boys 4x400m Relay

Morning Events: Starting at 8:30am

Girls Long Jump

Girls Shot Put

Girls High Jump

Boys Triple Jump

Boys Discus

Boys Vault

Afternoon Events: starting at 12:30

Girls Triple Jump

Girls Discus

Girls Vault

Boys Long Jump

Boys Shot Put

Boys High Jump

