



Rangeview Raider Last Chance Qualifier  
Saturday May 16, 2020  
APS Stadium, 1250 Chambers Rd, Aurora, CO  
9:00 a.m.



### General Information

Rangeview High School will host the Rangeview Raider Last Chance Qualifier on Saturday May 16, 2020 at Aurora Public Schools Stadium. The meet will begin at 9:00 a.m. All running events will be contested as finals, and heats will be seeded from slowest to fastest. We will run girls' events before boys' and follow the listed order of track events beginning with the Girls Sprint Medley Relay.

There will be vendors and concessions at the stadium selling food and drinks.

The entry fee is \$300 for boys and girls combined, \$175 for only boys or only girls. We are allowing individual athlete entries at \$15 per athlete.

### Meet Director

Chris Carhart, Head Coach, Rangeview High School – [rangeviewtrack@gmail.com](mailto:rangeviewtrack@gmail.com)

### Rules and Regulations

The rules governing the meet are those of the National Federation of the State High School Association, the Colorado High School Activities Association (CHSAA), as well as our Meet Games Committee.

### State Qualifying Meet

The Rangeview Raider Last Chance Qualifier will be a State Qualifying Meet. Certified officials, electronic timing system, and wind gauges will be utilized. Implements will be weighed in. Vaulters will be weighed in. Coaching boxes for field events will be designated.

### Entries

Each school will be allowed three entries per running event and field event and one relay team per relay event. Additional entries will be accepted if athlete is ranked in the top 25 in their classification and can be emailed to Coach Carhart.

-We appreciate, for smooth movement of the meet, that you only enter athletes who are close to qualifying for State in your classification. We will set minimum marks for measurement in the field events based on the State rankings at the time of the meet. Keep this in mind when making your entries.

-Entries will be completed through [co.milsplit.com](http://co.milsplit.com).

-Entries need to be completed by **10am Friday, May 15th**.

### Scoring

Since Aurora Public Schools Stadium offers an eight lane track, scoring will be as follows in *both* the running and field events:

10-8-6-5-4-3-2-1

As this is a last chance qualifier, we will not be awarding ribbons or trophies.

## **Order of Events**

Coaches Meeting **8:30 am** – Start/Finish line

### **8:40 a.m.**

Heat 2 (Fast)- Girls 3200m

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### **9:10 a.m.**

Sprint Medley Relay (Girls only)

4x800m Relay

100m Hurdles

110m Hurdles

100m Dash

4x200m Relay

1600m Run

4x100m Relay

400m Dash

300m Hurdles

800m Run

200m Dash

3200m Run- Heat 1 B&G

4x400m Relay

## **Additional Information**

1. Athletes will check in for each running event at least 10 minutes prior to their event in the center of the field. They will be given a hip number and lane assignment. Hip number goes on the outside of the left hip.
2. Only athletes with upcoming events will be allowed to warm-up on the infield.
3. Team camps can be set up in the stands, near the throwing venues, or on the outskirts of the track, not on the infield.
4. Live results will be posted on the video board and on the Track Meet Mobile App.
5. An athletic trainer will be on hand, please bring your own taping materials.
6. In case of inclement weather the day of the meet you can call Coach Carhart at (720) 771-2114.

## **Field Event Schedule**

All field events will be three attempts, top 9 to finals.

### **9:00 a.m.**

*Girls:*

Discus- Minimum: 96-0

Triple Jump- Minimum: 31-0

Pole Vault: starting height will be 6-6

*Boys:*

Shot Put- Minimum: 40-0

Long Jump- Minimum: 19-0

High Jump- starting height will be 5'6"

### **Immediately following:**

*Girls:*

Shot Put- Minimum: 31-0

Long Jump- Minimum: 15-0

High Jump- starting height will be 4-7

*Boys:*

Discus- Minimum: 120-0

Triple Jump- Minimum: 39-0

Pole Vault- starting height: 9-6