                  

**Ray Roswell Freshman Championships**

**Monday, November 4, 2019**

**Clarkstown South H.S**

**In memory of Mr. Ray Roswell, longtime Clarkstown South Cross Country & Track coach, Clarkstown South will again run the Freshman Championships at South H.S.  This race was a favorite of Ray’s and we hope that you can join us in his memory. The course is run on the school grounds over a slightly hilly and scenic 1.5 mile course.**

**We’ve had “ice storms”, hurricanes, and snow cancel this meet, but we will make every effort to make sure the meet goes on…**

**The fee is $75.00 per school**

**Checks made payable to:**

**Clarkstown South Track**

**c/o Coach Pete Modafferi**

**31 Demarest Mill Road**

**West Nyack, NY 10994**

**Time Schedule**

**Boys 3:45 PM**

**Girls     4:15 PM**

**-Tee-shirts awarded to the top 20 in both races**

**-Medals to top twenty in each race**

**-Hot dog and water for each race participant**



**The Ray Roswell Memorial Frosh Championships**

**Monday, November 4, 2019**

**@ Clarkstown South H.S**

School: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Street: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

City/Town: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Zip Code:  \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Boys Coach: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

E-Mail:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Girls Coach: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

E-Mail: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Coaches t-shirt size: \_\_\_\_\_\_\_\_   Coaches t-shirt size: \_\_\_\_\_\_\_\_

Number of athletes attending:  Boys: \_\_\_\_\_\_\_\_ Girls: \_\_\_\_\_\_\_\_\_

If your (frosh) roster has not been submitted please do so by sending it to:

Janie Howell at   runrsmom3@aol.com

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**c/o Coach Pete Modafferi**

**31 Demarest Mill Road**

**West Nyack, NY 10994**



**Entries due by: November 1st (e-mail or verbal OK)** [**Pmodafferi@ccsd.edu**](mailto:Pmodafferi@ccsd.edu)