## **AHSAA Section 1 Cross Country Championships - Coach Instructions**

## 5A COACHES MEETING AT 11:00 UNDER THE PAVILION 6A/7A COACHES MEETING AT 2:00 UNDER THE PAVILION

Here are some reminders regarding the Section Meet:

- There will be a 5A and a combined 6A/7A race. Schools from each classification will be grouped together at the start line (see box assignments). All athletes will finish in the same chute.
- Awards will be given to the 1<sup>st</sup> and 2<sup>nd</sup> place teams in each classification.
- Awards will be given to the top 10 finishers in each classification.
- The awards ceremony for the 5A classification will be held following the 5A boys race and the awards ceremony for the 6A/7A classification will be held following the 6A/7A boys race.
- All protests should be brought to the meet referee immediately after the conclusion of the race. If deemed necessary, the meet referee will bring the protest to the competition committee. Coaches from the following schools have been assigned to the competition committee.

5A Protest Committee: Mary G. Montgomery, St. Paul's Episcopal School, Spanish Fort 6A Protest Committee: Fairhope, McGill-Toolen Catholic, Theodore 7A Protest Committee: Daphne, Faith Academy, Jackson

- All athletes are expected to conduct themselves appropriately. Athletes and/or teams may be disqualified for unsportsmanlike conduct.
- Please make sure that the area around your tent has been cleaned and that all trash has been placed in the appropriate containers.
- Remember that all NFHS and AHSAA rules will be enforced at the start and finish line.