



# Siloam Springs Track & Field

## 9th Grade

### Panther Relays – March 31, 2020

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**Welcome to the first meet on our new track!**

**Team Camps:**

Teams may make camp in the grassy area on the north end of the track near the restrooms or sit on the south end of the bleachers. Please reserve seating nearest the finish line for parents and spectators.

**Spike Check & Implement Weigh-In** will be in the south end of the bleachers.

**Hospitality Room** is located in the lobby of the Panther Arena. It will be open from 2:45 – 5:30 pm.

**Restrooms** for athletes are located on the north end of the track and behind the bleachers. Coaches may use the restrooms inside the Panther Arena.

**Concessions** are located near the finish line.

**Schedule:**

2:45 pm – Hospitality Room open to coaches, bus drivers, and volunteers

3:00 pm – Coaches meeting in the basketball arena hospitality room.

3:00 pm – Athletes check in to field events, warm-up begins.

3:30 pm – Field events begin (B-HJ, B-Shot, B-TJ, G-LJ, G-PV, G-Discus)

3:45 pm – Open 800 (a non-timed, non-scored event)

4:00 pm – 4x800 m relay

5:00 pm – All other running events begin.

**Entries:** 3 athletes per school for each individual event and one relay team per event.

**Awards:** A plaque will be awarded to the first and second place teams, medals to the high point winners and 1<sup>st</sup> places, and ribbons will be awarded to 2<sup>nd</sup> - 8<sup>th</sup> places in each event.

**Other Information:**

¼ inch spikes only are permitted.

Arkansas Activities Association rules will apply.

Only athletes warming up or competing will be allowed on the infield.