



2019 Boys' & Girls' Cross Country Regionals
Class 2A-Region 2/ Class 3A-Region 2/ Class 4A-Region 2/ Class 5A-Region 5

Teams: **2A Region 2:** CIVA Charter, Colorado Springs School, Denver Academy, Denver Academy of Torah, Denver Christian, Denver Waldorf, Ellicott, Fountain Valley*, Golden View Classical Academy, Kiowa, Limon, Lotus School for Excellence, Peyton, Pikes Peak Christian, Wray

3A Region 2 Alamosa, The Classical Academy, Colorado Springs Christian*, Florence, James Irwin, La Junta, Lamar, Lutheran, Manitou Springs, Salida, The Vanguard, Woodland Park

4A Region 2: Air Academy, Discovery Canyon, Falcon*, Harrison, Lewis Palmer, Littleton, Mitchell, Palmer Ridge, Ponderosa, Sand Creek, Sierra, Wheat Ridge

5A Region 5: Castle View, Chaparral, Doherty, Douglas County*, Fountain-Fort Carson, Legend, Liberty, Palmer, Pine Creek, Rampart, Rock Canyon, Vista Ridge

Date: Thursday, October 17, 2019

Location: North Monument Valley Park (See map on back)
 W. Fontanero Street/Culebra Avenue
 Colorado Springs, CO 80905

Host Teams: 2A Region 2: Fountain Valley (Caroline Blaylock/ 719-391-5302)
 3A Region 2: Colorado Springs Christian (Jason Rollins/ 719-200-3714)
 4A Region 2: Falcon (Jen Gregg/719-491-0348)
 5A Region 5: Douglas County (Alex Sarabia/ 720-347-8852)

Coaches Meeting: 3A/5A 1:00 pm
 2A/4A 3:00 pm
 (Check in Table/Head coach must be present)

Officials: Directors-Jen Gregg Falcon, Alex Sarabia-Douglas County,
 CHSAA Official-Laurie Scott
 Games Committee—TBD

Timer: Lonnie Sommers-Hal Sports

Entry Fee: Schools will be invoiced for fees, please remit payment to:
Jeff Gardella
Douglas County High School
2842 Front St. Castle Rock, CO 80104

Entries: Entries are due into Milesplit by **October 14, 2019** by midnight through your regional host.
Each classification is allowed to run 2 additional runners at the regional meet. 3A, 4A, and 5A may enter up to 9 runners at the regional meets and 2A up to 8 runners. All runners should be listed in the official results but any runners over 7 for 3A, 4A and 5A and 6 for 2A will be pulled out for team scoring.

Race Times: 2:00pm 3A Region Girls'
2:30pm 5A Region 5 Girls'
3:00pm 3A Region 2 Boys'
3:30 pm 5A Region 5 Boys'

4:00pm 4A Region 2 Girls'
4:30pm 2A Region 2 Girls'
5:00pm 4A Region 2 Boys'
5:30pm 2A Region 2 Boys'

Awards: ***CHSAA Regional Plaques Top 2 Teams. Individual ribbons top 15 runners***
3:30 3A Region 2 Girls'/Boys'
4:00 5A Region 5 Girls'/Boys'
5:30 4A Region 2 Girls'/Boys'
6:00 2A Region 2 Girls'/Boys'

Qualifiers: **2A Classification:** Qualifying Procedure – Top 5 (five) teams - all athletes who finish in the top 15 places. Full teams must consist of 3 to 8 members (score "3"), 4, 5 & 6 are displacers. Regionals take 20 teams

3A Classification: Qualifying Procedure – Top 4 (four) teams - all athletes who finish in the top 15 places. Full teams must consist of 5 to 9 members (score "5"), 6 & 7 are displacers. Regionals take 20 teams.

4A Classification: Qualifying Procedure – Top 4 (four) teams - all athletes who finish in the top 15 places. Full teams must consist of 5 to 9 members (score "5"), 6 & 7 are displacers. Regionals take 20 teams.

5A Classification: Qualifying Procedure – Top 4 (four) teams - all athletes who finish in the top 15 places. Full teams must consist of 5 to 9 members (score "5"), 6 & 7 are displacers. Regionals take 20 teams.

Athletic Trainer: Kortney Sorensen-ATC-Falcon High School/Angela Baleztena-MS, LAT, ATC and Ryan Hooke, LAT, ATC Douglas County High School

Course: Map is attached

Parking: Upper rim of Fontanero and Culebra Place



COLORADO HIGH SCHOOL ACTIVITIES ASSOCIATION

2019 Boys' & Girls' Cross Country Regionals
Class 2A-Region 2/ Class 3A-Region 2/ Class 4A-Region 2/ Class 5A-Region 5

Directions to North Monument Valley Park

W Fontanero Street & Culebra Place, Colorado Springs, CO

From I-25, take the Uintah Exit (Exit 143)

- At end of exit ramp, turn east (away from the mountains).
- Turn left at Cascade Ave.
- Turn left at Fontanero St
- Turn left at Culebra Place.
- Staging area is the large grassy area south of the restroom and ball field



