

# ***Twilight Grand Prix***

**Events Begin at 5:00 PM**  
**Rolling Schedule**  
**Field Events 4 attempts no finals**

**June 10**

**Roosevelt High School**

3000m  
100/110mH  
100m  
800m  
4x100m Relay  
400m  
1500m  
200m

Long Jump  
Triple Jump  
Shotput  
Discus  
High Jump  
Pole Vault (TBD)

**June 19**

**Roosevelt High School**

3000m  
100/110mH  
100m  
800m  
4x100m Relay  
400m hurdles  
400m  
1500m  
200m

Long Jump  
Triple Jump  
Shotput  
Discus  
  
High Jump  
Pole Vault (TBD)



**REAL**  
***TRAINING***