



2019 UNIVERSITY OF SOUTH FLORIDA CROSS COUNTY INVITATIONAL

- MEET DATE:** Saturday, October 5, 2019
- LOCATION:** The CLAW at USF
13801 North 46th Street
Tampa, FL 33613
- SCHEDULE:**
- | | |
|---------|---------------------|
| 7:35am- | College Men 5k |
| 7:55am- | College Women 5k |
| 8:30am- | HS Varsity Boys 5k |
| 8:55am- | HS Varsity Girls 5k |
| 9:25am- | HS JV Boys 5k |
| 9:50am- | HS JV Boys 5k |
- **High School meet is hosted by Wharton High School. Entries will be submitted through www.flrunners.com
- Runners who do not finish their race within 30 minutes will be pulled from the course prior to the start of the next race.**
- COURSE:** On grass, rolling hills – 1/4’ spikes or racing flats recommended
- ENTRY INFORMATION:** All college entries must be submitted via www.DirectAthletics.com by 5:00pm on September 30.
RSVP by September 20, if you have intentions on attending. Contact Coach Griffiths.
- UNATTACHED ENTRIES:** NO HIGH SCHOOL ATHLETES WILL BE ALLOWED IN COLLEGE RACES.
- ENTRY FEE:** University/College - \$200.00 maximum per team of 5 or more (PER GENDER)
Individual - \$10.00 entry fee for all individual in collegiate divisions.
ALL ENTRIES MUST BE PAID VIA DIRECTATHLETICS , WHEN REGISTERING
- PACKET PICKUP/WARMUP:** Packet Pickup will begin at 6:00am by the club house. The course will be open for warm-ups beginning October 5th at 6:00am. Box assignments will be preassigned.
Course maps will be available at packet pick-up starting at 6:00am. They will also be available online at www.gousfbulls.com the week prior to the meet.
- PARKING:** Bus drop off area will be at the course entrance at N 46th street, buses will park at USF Sycamore Dr. lot. Spectator parking will be located on the USF campus across E Fletcher Ave.
- DRESSING FACILITIES:** There are **NO** dressing or shower facilities available at the course. Portable bathrooms will be available at the course.
- RESULTS:** Results will be found at www.halfmiletiming.com.
- FOR FURTHER INFORMATION:** Contact **Meet Director: Damon Griffiths**
OFFICE (813) 974-7943
CELL (813) 599-1650
EMAIL griffithsd@usf.edu



USF CROSS COUNTRY 5K

 1ST 2 MILES

 3RD MILE

 .1 MILE



 The Claw at USF

Image Landsat

28°04'29.56"