

2019 UNIVERSITY OF SOUTH FLORIDA CROSS COUNTY INVITATIONAL

MEET DATE:

Saturday, October 5, 2019

LOCATION:

The CLAW at USF 13801 North 46th Street Tampa, FL 33613

SCHEDULE:

7:35am- College Men 5k 7:55am- College Women 5k 8:30am- HS Varsity Boys 5k

8:55am- HS Varsity Girls 5k 9:25am- HS JV Boys 5k 9:50am- HS JV Boys 5k

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**High School meet is hosted by Wharton High School. Entries will be submitted through

www.flrunners.com

Runners who do not finish their race within 30 minutes will be pulled from the course

prior to the start of the next race.

COURSE:

On grass, rolling hills – 1/4' spikes or racing flats recommended

ENTRY INFORMATION:

All college entries must be submitted via www.DirectAthletics.com by 5:00pm on

September 30.

RSVP by September 20, if you have intentions on attending. Contact Coach Griffiths.

UNATTACHED ENTRIES:

NO HIGH SCHOOL ATHLETES WILL BE ALLOWED IN COLLEGE RACES.

ENTRY FEE:

University/College - \$200.00 maximum per team of 5 or more (PER GENDER)

Individual - \$10.00 entry fee for all individual in collegiate divisions.

ALL ENTRIES MUST BE PAID VIA DIRECTATHLETICS, WHEN REGISTERING

PACKET PICKUP/WARMUP:

Packet Pickup will begin at 6:00am by the club house. The course will be open for warm-ups

beginning October 5th at 6:00am. Box assignments will be preassigned.

Course maps will be available at packet pick-up starting at 6:00am. They will also be

available online at www.gousfbulls.com the week prior to the meet.

PARKING:

Bus drop off area will be at the course entrance at N 46th street, buses will park at USF

Sycamore Dr. lot. Spectator parking will be located on the USF campus across E Fletcher Ave.

DRESSING FACILITIES:

There are NO dressing or shower facilities available at the course. Portable bathrooms will be

available at the course.

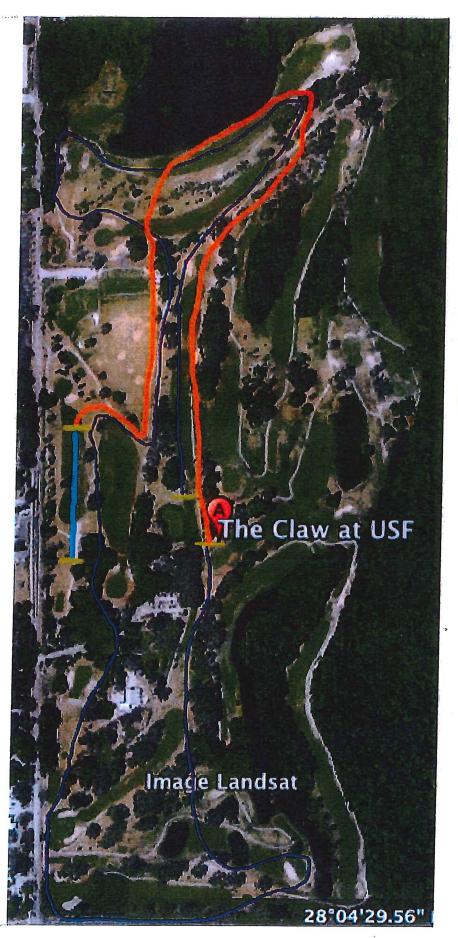
RESULTS:

Results will be found at www.halfmiletiming.com.

FOR FURTHER INFORMATION:

Contact Meet Director: Damon Griffiths

OFFICE (813) 974-7943 CELL (813) 599-1650 EMAIL griffithsd@usf.edu



USF CROSS COUNTRY 5K

1ST2 MILES

3RD MILE

.1 MILE

