PORT JEFF

Steeple Fest "PLUS"

***Tuesday, April 23, 2019 at Port Jeff High School***

3:00 Freshman Girls 2000m 3:25 Freshman Boys 2000m

3:50 Novice Girls 2000m 4:20 Novice Boys 2000m

4:45 Open Girls 2000m 5:10 Open Boys 2000m

5:35 Open Boys 3000m

# PLUS

**Field Events**

Shot Min. boys 34' girls 25' Discus Min. boys 100' girls 70'

Long J. Min. boys 18' girls 14' Triple Jump boys 35' girls 30'

High Jump opens at boys 5'6" girls 4'6" Pole Vault opens at boys 9'6" girls 8'

Novice is for newbies and athletes who have NEVER won a steeple medal.

Medals will be awarded to first SIX places in steeple and field!

Champion shirt to all winners! Tee Shirts will be on sale! $15.00

**$200 team maximum entry per sex**

See reverse side for entry

## BOYS

School \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Coach \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

E-mail \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Phone \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Number of Steeple athletes \_\_\_\_\_\_@ $10.00 each = \_\_\_\_\_\_\_\_

Number of Field athletes \_\_\_\_\_\_\_\_ @ $10.00 each = \_\_\_\_\_\_\_\_

Total Boys entry steeple= \_\_\_\_\_\_\_\_\_ Total Boys entry field = \_\_\_\_\_\_\_\_

Total Steeple and Field entry =\_\_\_\_\_\_\_\_

**Blanket Boys entry $200.00**

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## GIRLS

School \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Coach \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

E-mail \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Phone \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Number of Steeple athletes \_\_\_\_\_\_@ $10.00 each = \_\_\_\_\_\_\_\_

Number of Field athletes \_\_\_\_\_\_ @ $10.00 each = \_\_\_\_\_\_\_\_

Total Girls entry steeple= \_\_\_\_\_\_\_\_\_ Total Girls entry field = \_\_\_\_\_\_\_\_

Total Steeple and Field entry =\_\_\_\_\_\_\_\_

### Blanket Girls entry $200.00

Email entry to **rcawley@portjeffschools.org** or mail to Rod Cawley

Port Jefferson High School

350 Old Post Rd.

Port Jefferson, NY 11777

Make checks payable to **Port Jefferson High School**

Be sure to enter your roster on ***just-in-time-racing.com***