

***The 14th Annual John Hay Memorial Pennsylvania Distance Festival
Presented by Hoka One One***

When: Friday, May 31, 2019

Where: Henderson High School in West Chester.

Entry Information: Enter through Pamilesplit. Entries close at 7PM on Thursday, May 30.

Race entry fee due on check in. Event assignments will be posted by 9AM on May 31 at www.runcrs.com.

What: A post-season opportunity for elementary, middle school, high school, college and post-collegiate distance runners to compete on a lightning fast track.

Cost: \$10.00 per event. \$20 for an unlimited number of events.

Concessions will be sold at the meet. Admission-\$5

Order of Events: Heets will be co-ed based on seed time. Slow heet 1st.

5:45PM-Open 400m

5:55PM-The Pinnacle Performance Open 800 meters

6:20PM- Chester County Racing Services 200 meters

6:30PM- The Move Health and Sports Open Mile

7:10PM-The Warner Hotel 3000 meters

7:20PM-The Brandywine Heating and Air conditioning Elite men's 1500m

7:30PM- Elite Women's 1500m

7:35PM-John Hay Scholarship Presentation

7:40PM-Hoka Henderson Battle Royale/Last Man Standing-2 Miles-Entries closed

7:55PM-The West Chester Mile Elite High School Boys Mile

8:05PM-The Burkholder Brothers Elite High School Boy's 800 Meters

8:11PM- Elite Women's 800 meters(non-elite 800m runners will be placed in the open 800)

8:16PM- Joe Plevelich Elite men's 800 meters

8:22PM- The Hoka Open 5000 meters.

Please e-mail Kevin Kelly at kkelly1@wcasd.net for questions about the meet. All meet details will be updated at www.runcrs.com.

There will a limited amount of race night registrations. Registration for all will close at 5:45PM.

Elite High School girl milers will be placed in the open mile.