

## Fleet Feet Presents 14th Annual Lady Eagles Invitational - 4/20/2019

Timing by First Across Timing LLC

Bethlehem High School

## Performance List

## Event 1 Girls 3000 Meter Run Varsity

Name	Yr	School	Seed Time
1 Dailey, Skylar	11	Emma Willard	10:50.00
2 Davis, Rylee	12	Bethlehem Ce	10:59.00
3 Hodge, Rachel	11	Bethlehem Ce	11:02.00
4 Barslow, Logan	8	Averill Park	11:25.70
5 Smith, Emily	11	Bethlehem Ce	11:26.00
6 Sherman, Anna	12	Mohonasen	11:28.06
7 Bisognano, Sophia	11	Colonie	11:33.44
8 Tomson, Cate	11	Albany Acade	11:45.00
9 Beyerbach, Annalise	10	Queensbury	11:56.60
10 Hrelja, Lejla	10	Colonie	11:57.94
11 Keshmiri, Julia	9	Queensbury	11:58.70
12 Oligny-Leggett, Olivia	11	Ichabod Cran	12:06.00
13 Culliton, Katie	11	Glens Falls	12:08.00
14 Irwin, Elizabeth	9	Guilderland	12:08.91
15 Dupuis, Violet	7	Averill Park	12:21.40
16 Holl, Kinsley	11	Queensbury	12:24.07
17 Ottman, Livingston	9	Academy of t	12:30.00
18 Tanner, Margot	11	Guilderland	12:30.40
19 Hauser, Lauren	12	Glens Falls	14:15.00
20 Dolan, Susanna	12	Ichabod Cran	14:56.48

## Event 2 Girls 300 Meter Hurdles Varsity

Name	Yr	School	Seed Time
1 Roddy, Taylor	11	Bethlehem Ce	48.20
2 Sawyer, Natalia	9	Mohonasen	48.50
3 Scanlan, Kate	9	Guilderland	49.40
4 Farley, Mia	10	Academy of t	50.00
5 LeBel, Kendra	9	Guilderland	50.20
6 Baldwin, Elizabeth	12	Bethlehem Ce	51.00
7 Skiba, Gabrielle	11	Averill Park	51.00
8 Racana, Emily	12	Mohonasen	52.00
9 Hoyle, Lauren	9	Guilderland	54.10
10 Galasso, Mia	11	Albany Acade	56.00
11 Diegel, Merideth	11	Colonie	56.31
12 Batu-Tiako, Abi	11	Plattsburgh	58.00
13 Whittle, Korrynne	12	Colonie	58.35
14 de Rosier, Epiphany	9	Albany Acade	1:00.00
15 Albert, Oona	11	Emma Willard	1:01.00
16 Garrison, Sierra	10	Ichabod Cran	NT
17 Clickman, Molly	8	Ichabod Cran	NT
18 Griffin, Nyome	10	Glens Falls	NT
19 Geiger, Zoey	8	Ichabod Cran	NT

## Event 3 Girls 4x800 Meter Relay FROSH

Team	Relay	Seed Time
1 Colonie	B	11:20.24
1) Cahill, Elizabeth 9	2) Rogers, Lillian 7	
2 Colonie	A	11:20.24
1) Chrzanowski, Amy 8	2) Thaickal, Maya 10	
3) Renko, Liz 9	4) Abraham, Trinity 8	
5) Anderson, Emma 8	6) Van Ness, Miranda 10	
7) Teale, Madelyn 10	8) Cahill, Elizabeth 9	

3 Guilderland	A	11:30.00
1) Bohl, Julianne 10	2) Lagios, Brooklyn 7	
3) Lagios, Isabella 7	4) Montanini, Irene 10	
5) Irwin, Erica 8	6) Casavant, Abby 9	
4 Bethlehem Ce	A	12:00.00
1) Sun, Xianwan 10	2) Du, Ziran 12	
3) Fuscus, Samantha 10	4) Betts, Lucy 10	

## Event 4 Girls 200 Meter Dash NOVICE

Name	Yr	School	Seed Time
1 Thornton, Etta	9	Bethlehem Ce	29.10
2 Juneau, Celine	9	Plattsburgh	29.20
3 Nadareski, Rachel	10	Mohonasen	30.00
4 Thomas, Andrea	10	Academy of t	31.00
5 Ortiz, Lee	9	Colonie	31.55
6 Drummond, Jenna	10	Emma Willard	32.00
7 Coley, Ranjanay	11	Colonie	32.54
8 Na, Yuri	9	Albany Acade	32.90
9 Mirlay, Kardelen	11	Guilderland	33.00
10 Sorensen, Siri	9	Plattsburgh	33.00
11 Gage, Tori	11	Mohonasen	33.52
12 Reihls, Kendall	9	Guilderland	35.10
13 George, Sasha	9	Ichabod Cran	NT

## Event 5 Girls 4x200 Meter Relay Varsity

Team	Relay	Seed Time
1 Averill Park	A	1:46.50
1) Ware, Lydia 11	2) Morone, Sophia 12	
3) Munandi, Lydia 10	4) Morone, Frankie 9	
5) Skiba, Gabrielle 11	6) Zimmerman, Caryn 10	
2 Mohonasen	A	1:49.54
1) Perez-Tucker, Zionna 9	2) Shaw, Navi 12	
3) Racana, Emily 12	4) Sawyer, Natalia 9	
3 Guilderland	A	1:50.30
1) Thomson, Ava 10	2) Brown, Kiya 12	
3) Smith, Jessa 12	4) Jerome, Laila 11	
5) Howard, Tyler 11	6) Brewer, Meghan 12	
4 Bethlehem Ce	A	1:52.20
1) Hussar, Elizabeth 12	2) Vener, Leah 11	
3) Price, Brianna 12	4) Roddy, Taylor 11	
5) Baldwin, Rebecca 11		
5 Emma Willard	A	1:58.00
1) Turner, Ava 11	2) Albert, Oona 11	
3) Hogan, Sophie 11	4) Bonsa, Guialem 10	
5) Lagomarsino, Cece 11		
6 Queensbury	A	2:01.20
1) Eppidico, Grace 10	2) Fitzgerald, Alyssa 12	
3) Liles, Chloe 11	4) Warner-Davis, Andraya 12	
7 Albany Acade	A	2:02.00
1) Epstein, Jessica 10	2) Forbes, Maddie 10	
3) Zacher, Julia 10	4) Lucey, Ali 11	
8 Guilderland	B	2:08.70
1) Macalister, Blake 11	2) Farrand, Liliana 10	
3) Baker, Ella 11	4) Efaw, Braedyn 9	
5) Kenney, Trinity 9	6) Donnelly, Makiya 10	

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## Performance List

## Event 5 ... (Girls 4x200 Meter Relay Varsity)

Team	Relay	Seed Time
9 Fair Haven H	A	NT
1) Oakman, Adelaide 12	2) Breslen, Anna 11	
3) Ezzo, Emma 10	4) Brewster, Courtney 10	

## Event 6 Girls 4x100 Meter Relay FROSH

Team	Relay	Seed Time
1 Guilderland	A	53.50
1) Sano, Kadija 8	2) Fruscio, Nevia 8	
3) Fadorchack, Danielle 10	4) Williams, Jada 9	
5) Pede, Nina 9	6) Harbeck, Emma 8	
7) McFerran, Maggie 9		
2 Bethlehem Ce	A	53.68
1) Douglas, Camella 8	2) Soka, Rosamond 9	
3) Hill, Dhaysia 10	4) Humphrey, Lilyan 9	
5) Ryan, Ciara 9		
3 Colonie	A	55.24
1) Bennett, Destiny 8	2) Ardis, Gianna 10	
3) Isaacson, Elizabeth 7	4) Tran, Grace 9	
5) Villa, Gabby 9	6) Willingham, Naliyah 9	
4 Guilderland	B	55.60
1) Pede, Nina 9	2) Jackson, Angel 7	
3) Harbeck, Emma 8	4) Gade, Mary 10	
5) McFerran, Maggie 9	6) Pierro, Angelina 10	
5 Queensbury	A	55.84
1) Adams, Lauren 9	2) Calby, Claudia 9	
3) Miller, Sydney 10	4) Caprood, Emma 10	
5) Stewart, Ava 8	6) Monroe, Kayla 10	
6 Fair Haven H	A	58.27
1) Oakman, Adelaide 12	2) Kitchin, Janelle 11	
3) Brewster, Courtney 10	4) Ezzo, Megan 10	
5) Briggs, Emma 10	6) Williams, Alexandra 9	
7 Albany Acade	A	59.33
1) Pascoe, Renee 10	2) Castracane, Adria 9	
3) Cooney, Kara 9	4) de Rosier, Epiphany 9	
8 Mohonasen	A	1:01.80
1) Supaul, Bonnieta 9	2) Phan, Anna 8	
3) Finn, Catie 10	4) Strauss, Jozlynn 8	
9 Emma Willard	A	1:05.00
1) Phelps, Liz 10	2) Drummond, Jenna 10	
3) Watt, Leah 9	4) Slyer, Ruby 10	
10 Averill Park	A	NT
1) Denely, Lorelai 10	2) Wagner, Breona 9	
3) Nolan, Lauren 9	4) Zimmerman, Caryn 10	
5) Densmore, Dayna 9		

## Event 7 Girls Distance Medley Varsity

Team	Relay	Seed Time
1 Ichabod Cran	A	13:55.00
1) Grace, Margaret 8	2) Dolge, Abby 9	
3) Wall, Emily 11	4) Oligny-Leggett, Olivia 11	

2 Colonie	A	14:18.55
1) Borkowski, Faith 12	2) Dibernardo, Lexi 12	
3) Stealey, Maddie 11	4) Stewart, Anastacia 8	
5) Pendleton, Taylor 11	6) Baker, Yeseray 11	
3 Emma Willard	A	14:28.50
1) Lagomarsino, Cece 11	2) Nguyen, Zoe 11	
3) Dailey, Skylar 11	4) Quist, Bethany 10	
5) Nguyen, Cate 11		
4 Bethlehem Ce	A	15:00.00
1) Wissing, Kiera 11	2) Gibbons, Nathalia 12	
3) Keefe, Grace 12	4) Ridgeway, Sophie 11	

## Event 8 Girls 100 Meter Hurdles Varsity Prelims

Name	Yr	School	Seed Time
1 Boham, Ama	12	Ichabod Cran	15.21
2 Bisner-Boulay, Shea	10	Mohonasen	17.30
3 Carroll, Fiona	10	Averill Park	17.40
4 Morone, Frankie	9	Averill Park	17.60
5 Batu-Tiako, Abi	11	Plattsburgh	17.67
6 Diegel, Merideth	11	Colonie	18.14
7 Thompson, Taylor	11	Guilderland	18.63
8 Whittle, Korrynne	12	Colonie	18.64
9 Clickman, Molly	8	Ichabod Cran	20.02
10 Baker, Yeseray	11	Colonie	20.03
11 Hoyle, Lauren	9	Guilderland	20.79

## Event 9 Girls 100 Meter Hurdles FROSH Prelims

Name	Yr	School	Seed Time
1 Caprood, Emma	10	Queensbury	16.00
2 Miller, Sydney	10	Queensbury	17.40
3 Densmore, Dayna	9	Averill Park	17.50
4 Corlew, Grace	10	Queensbury	18.40
5 Gregory, Abby	9	Guilderland	19.20
6 de Rosier, Epiphany	9	Albany Acade	20.10
7 Reilly, Lauren	9	Guilderland	20.50
8 Jackson, Angel	7	Guilderland	20.90

## Event 10 Girls 100 Meter Dash Varsity Prelims

Name	Yr	School	Seed Time
1 Ware, Lydia	11	Averill Park	12.40
2 Benn, Monique	11	Ichabod Cran	12.60
3 Perez-Tucker, Zionna	9	Mohonasen	12.70
4 Boham, Ama	12	Ichabod Cran	12.70
5 Lyons, Angelina	10	Plattsburgh	12.80
6 LeBel, Kendra	9	Guilderland	12.90
7 Brown, Kiya	12	Guilderland	13.10
8 Cowsette, Iaila	9	Ballston Spa	13.20
9 Warner-Davis, Andraya	12	Queensbury	13.30
10 Costanzo, Sara	11	Mohonasen	13.40
11 Fitzgerald, Alyssa	12	Queensbury	13.40
12 Byrd, Moriah	12	Ballston Spa	13.70
13 Bonsa, Guialem	10	Emma Willard	13.80
14 Turner, Ava	11	Emma Willard	14.00
15 Macalister, Blake	11	Guilderland	14.30
16 Lucey, Ali	11	Albany Acade	14.36

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## Event 10 ... (Girls 100 Meter Dash Varsity Prelims)

Name	Yr	School	Seed Time
17	Juste, Aaliyah	11 Albany Acade	14.40
18	Johnso, Annika	8 Albany Acade	14.72
19	Hogan, Sophie	11 Emma Willard	15.00
20	Fleming, Amanda	10 Glens Falls	15.10
21	Baldwin, Rebecca	11 Bethlehem Ce	15.10
22	Mclain, Brianna	12 Ballston Spa	15.40
23	Weiles, Megan	9 Colonie	16.54
24	Harrell, Cheyanne	9 Colonie	16.54
25	Lombardi, Gabriel	11 Averill Park	NT

## Event 11 Girls 100 Meter Dash FROSH Prelims

Name	Yr	School	Seed Time
1	Fruscio, Nevia	8 Guilderland	13.40
2	Garzone, Rachel	9 Colonie	13.40
3	Zimmerman, Caryn	10 Averill Park	13.50
4	Williams, Jada	9 Guilderland	13.70
5	Ladue, Hayley	8 Plattsburgh	13.90
6	Stewart, Ava	8 Queensbury	13.90
7	Fadorchack, Danielle	10 Guilderland	13.90
8	Calby, Claudia	9 Queensbury	14.10
9	Wagner, Breona	9 Averill Park	14.10
10	Monroe, Kayla	10 Queensbury	14.20
11	George, Sasha	9 Ichabod Cran	14.20
12	Juneau, Celine	9 Plattsburgh	14.40
13	Villa, Gabby	9 Colonie	14.74
14	Denely, Lorelai	10 Averill Park	14.80
15	Lewis, Brena	9 Glens Falls	14.90
16	Pascoe, Renee	10 Albany Acade	15.00
17	Castracane, Adria	9 Albany Acade	15.20
18	Supaul, Bonnieta	9 Mohonasen	15.40
19	Strauss, Jozlynn	8 Mohonasen	16.01
20	Watt, Leah	9 Emma Willard	16.60
21	Stevens, Katarina	9 Fair Haven H	NT

## Event 12 Girls 1500 Meter Run Invitational Varsity

Name	Yr	School	Seed Time
1	DeMars, Faith	11 Ballston Spa	5:07.70
2	Roeder, Gillian	11 Bethlehem Ce	5:10.00
3	Sears, Morgan	12 Albany Acade	5:15.00
4	Countryman, Jocelyn	11 Mohonasen	5:25.24
5	Beyerbach, Annalise	10 Queensbury	5:25.50
6	Meek, Reghan	12 Bethlehem Ce	5:26.00
7	Keshmiri, Julia	9 Queensbury	5:26.50
8	Bowerman, Morgan	11 Bethlehem Ce	5:28.00
9	Irwin, Elizabeth	9 Guilderland	5:45.20
10	Hettrich, Jillian	12 Bethlehem Ce	5:49.74
11	Diedrick, Latasha	11 Albany Acade	5:55.00
12	Gomez, Fabiola	11 Albany Acade	5:57.00
13	Martino, Analisa	10 Ichabod Cran	6:05.51
14	Canastra, Melissa	12 Colonie	6:06.16
15	Breen, Kaitland	11 Fair Haven H	NT
16	Grace, Margaret	8 Ichabod Cran	NT

## Event 13 Girls 200 Meter Dash Invitational Varsity

Name	Yr	School	Seed Time
1	Morone, Sophia	12 Averill Park	26.00
2	Benn, Monique	11 Ichabod Cran	26.83
3	Shaw, Navi	12 Mohonasen	27.24
4	Jerome, Laila	11 Guilderland	27.30
5	Koutsourades, Kate	12 Bethlehem Ce	27.40
6	Masse, Sarah	11 Colonie	27.42
7	Cowsette, laila	9 Ballston Spa	27.50
8	Scanlan, Kate	9 Guilderland	27.50
9	Lyons, Angelina	10 Plattsburgh	27.86
10	Gross, Matlyn	12 Guilderland	27.90
11	Raji, Khairat	12 Emma Willard	27.94
12	Byrd, Moriah	12 Ballston Spa	28.50
13	Carter, Jade	11 Albany Acade	29.40
14	Greco, Julia	12 Ballston Spa	29.46
15	Fitzgerald, Alyssa	12 Queensbury	29.50
16	Turner, Ava	11 Emma Willard	30.04
17	Garrison, Sierra	10 Ichabod Cran	30.58
18	Hogan, Sophie	11 Emma Willard	31.20
19	Lombardi, Gabriel	11 Averill Park	31.20
20	Fleming, Amanda	10 Glens Falls	32.30

## Event 14 Girls 800 Meter Run Varsity

Name	Yr	School	Seed Time
1	Sinisgalli, Emma	11 Mohonasen	2:23.41
2	Dawson, Maia	11 Bethlehem Ce	2:24.00
3	Sears, Morgan	12 Albany Acade	2:32.00
4	Maney, Kelly	11 Bethlehem Ce	2:33.00
5	Evans, Amelia	11 Bethlehem Ce	2:35.00
6	Regan, Katelyn	8 Academy of t	2:35.00
7	Lagomarsino, Cece	11 Emma Willard	2:37.00
8	Skiba, Gabrielle	11 Averill Park	2:37.80
9	McCarthy, Kate	12 Academy of t	2:39.00
10	Nguyen, Cate	11 Emma Willard	2:42.00
11	Stealey, Maddie	11 Colonie	2:43.54
12	Bortell, Hailey	11 Guilderland	2:44.10
13	Holl, Kinsley	11 Queensbury	2:44.80
14	Kiehl, Lena	11 Averill Park	2:45.00
15	Nguyen, Zoe	11 Emma Willard	2:48.00
16	Eisenhardt, Liv	11 Albany Acade	2:50.00
17	Diedrick, Latasha	11 Albany Acade	2:53.95
18	Grace, Margaret	8 Ichabod Cran	2:54.89
19	Fahsel, Kasia	11 Guilderland	2:55.40
20	Dolan, Susanna	12 Ichabod Cran	3:07.00
21	Moon, Lindsey	11 Ichabod Cran	NT

## Event 15 Girls 800 Meter Run FROSH

Name	Yr	School	Seed Time
1	Frankenfield, Julianna	7 Colonie	2:31.44
2	Duffy, Maddie	9 Colonie	2:34.54
3	Gile, Maddie	11 Averill Park	2:34.70
4	Bryant, Mary	8 Averill Park	2:40.60
5	Kerr, Maya	8 Guilderland	2:42.20

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## Event 15 ... (Girls 800 Meter Run FROSH)

Name	Yr	School	Seed Time
6 Greco, Karina	10	Ballston Spa	2:46.00
7 Ladue, Hayley	8	Plattsburgh	2:50.36
8 Clermont, Lily	8	Plattsburgh	2:50.40
9 Bohl, Julianne	10	Guilderland	2:51.50
10 Guay, Loraina	9	Queensbury	2:51.60
11 Hu, Sabrina	10	Ballston Spa	2:53.00
12 Trackey, Helena	9	Glens Falls	2:55.00
13 Lagios, Isabella	7	Guilderland	2:56.30
14 Berner, Olivia	12	Bethlehem Ce	2:58.00
15 Hodge, Catelyn	7	Mohonasen	2:59.60
16 Pelts, Kaitlyn	7	Mohonasen	2:59.95
17 Dreslin, Nora	9	Academy of t	3:00.00
18 Payne, Andrea	9	Ichabod Cran	3:12.33
19 Furgele, Olivia	10	Bethlehem Ce	3:15.00
20 Okoniewski, Serena	9	Bethlehem Ce	3:22.00
21 Mulligan, Hope	10	Averill Park	3:23.30
22 Stoffel, Alyssa	10	Ballston Spa	3:41.40
23 Stevens, Katarina	9	Fair Haven H	4:01.60
24 Duso, Bridgette	9	Ichabod Cran	NT

## Event 16 Girls 1500 Meter Race Walk Varsity

Name	Yr	School	Seed Time
1 Scott, Helen	11	Colonie	9:23.98
2 Gerchikov, Sophie	12	Guilderland	9:25.00
3 Yu, Melody	9	Guilderland	10:00.00
4 Lopez, Sofia	11	Bethlehem Ce	10:00.00
5 Hauser, Lauren	12	Glens Falls	NT
6 Seiter, Rebecca	9	Mohonasen	NT

## Event 17 Girls 2000 Meter Steeplechase Varsity

Name	Yr	School	Seed Time
1 Woodruff, Rachael	11	Saranac	7:21.78
2 Lepage, Elise	11	Saranac	7:43.79
3 Anagnostopoulos, Alexis	12	Guilderland	7:50.30
4 Wall, Emily	11	Ichabod Cran	8:00.00
5 Czaban, Nicole	10	Guilderland	8:00.40
6 Skylstad, Olivia	10	Ballston Spa	8:07.00
7 Drindak, Adrianna	9	Academy of t	8:15.00
8 Cartier, Piper	9	Mohonasen	8:24.20
9 Borkowski, Faith	12	Colonie	8:46.94
10 Dibernardo, Lexi	12	Colonie	8:47.14
11 Wing, Sarah	10	Averill Park	8:50.00
12 Mcgrath, Grace	11	Bethlehem Ce	8:56.00
13 Galasso, Mia	11	Albany Acade	9:00.00
14 Moore, Sarique	11	Saranac	9:12.19
15 Breen, Kaitland	11	Fair Haven H	NT

## Event 18 Girls 400 Meter Dash Varsity

Name	Yr	School	Seed Time
1 Ware, Lydia	11	Averill Park	59.40
2 Morone, Sophia	12	Averill Park	1:00.10
3 Bell, Megan	10	Academy of t	1:00.80
4 Howard, Tyler	11	Guilderland	1:01.20

5 Soares, Lia	11	Bethlehem Ce	1:02.20
6 Smith, Jessa	12	Guilderland	1:02.20
7 Scanlan, Kate	9	Guilderland	1:02.50
8 Munandi, Lydia	10	Averill Park	1:02.90
9 Caldwell, Jordyn	11	Mohonasen	1:03.71
10 Piper, Jasmine	12	Plattsburgh	1:03.84
11 Dolge, Abby	9	Ichabod Cran	1:05.00
12 Sprague, Gwen	8	Academy of t	1:06.00
13 McCarthy, Kate	12	Academy of t	1:06.00
14 Quist, Bethany	10	Emma Willard	1:07.50
15 Deguire, Hailey	10	Mohonasen	1:08.00
16 Eppidico, Grace	10	Queensbury	1:08.10
17 Seabury, Maris	11	Ichabod Cran	1:08.22
18 Forbes, Maddie	10	Albany Acade	1:09.50
19 Epstein, Jessica	10	Albany Acade	1:09.76
20 Garrison, Sierra	10	Ichabod Cran	1:10.00
21 LeHane, Colleen	12	Ballston Spa	1:16.54

## Event 20 Girls 1500 Meter Run FROSH

Name	Yr	School	Seed Time
1 Graves, Nora	10	Plattsburgh	5:16.11
2 Kerr, Maya	8	Guilderland	5:19.20
3 Moran, Lillian	8	Colonie	5:26.03
4 Lupe, Emma	7	Colonie	5:27.64
5 Renko, Liz	9	Colonie	5:27.92
6 Sherman, Kate	10	Mohonasen	5:30.00
7 Losee, Emma	9	Bethlehem Ce	5:32.00
8 Manley, Audrey	8	Bethlehem Ce	5:39.00
9 Miller-Graham, Zoe	7	Mohonasen	5:43.34
10 Irwin, Erica	8	Guilderland	5:45.00
11 Casavant, Abby	9	Guilderland	5:45.70
12 Desharnais, Eileen	9	Academy of t	5:45.80
13 Scorzafava, Ella	7	Mohonasen	5:46.08
14 Clermont, Lily	8	Plattsburgh	5:50.00
15 Van Steele, Katie	9	Bethlehem Ce	5:53.00
16 Broderick, Alina	9	Albany Acade	6:20.55
17 Cooney, Kara	9	Albany Acade	6:23.58
18 Coughlin, Sinead	9	Academy of t	6:30.00
19 Rask, Emma	10	Ballston Spa	7:18.00

## Event 21 Girls 1600 Sprint Medley Varsity

Team	Relay	Seed Time
1 Bethlehem Ce	A	4:26.00
1) Roeder, Gillian 11	2) Soares, Lia 11	
3) Koutsourades, Kate 12	4) Gough, Meghan 11	
2 Ballston Spa	A	4:28.00
1) DeMars, Faith 11	2) Cowsette, laila 9	
3) Skylstad, Olivia 10	4) Greco, Julia 12	
5) LeHane, Colleen 12	6) Mclain, Brianna 12	
7) Byrd, Moriah 12		
3 Guilderland	A	4:30.20
1) Brown, Kiya 12	2) LeBel, Kendra 9	
3) Thomson, Ava 10	4) Jerome, Laila 11	
5) Howard, Tyler 11	6) Macalister, Blake 11	
7) Thompson, Taylor 11	8) Tanner, Margot 11	

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**Performance List**

**Event 21 ... (Girls 1600 Sprint Medley Varsity)**

Team	Relay	Seed Time
4 Colonie	A	4:49.64
1) Bisognano, Sophia 11	2) Baker, Yeseray 11	
3) Masse, Sarah 11	4) Stealey, Maddie 11	
5) Stewart, Anastacia 8	6) Pendleton, Taylor 11	
5 Guilderland	B	4:52.60
1) Macalister, Blake 11	2) Thompson, Taylor 11	
3) Hoyle, Lauren 9	4) Tanner, Margot 11	
5) Bortell, Hailey 11	6) Donnelly, Makiya 10	
6 Ichabod Cran	A	4:59.00
1) Dolge, Abby 9	2) Benn, Monique 11	
3) Boham, Ama 12	4) Oligny-Leggett, Olivia 11	
7 Mohonasen	A	5:11.52
1) Sawyer, Natalia 9	2) Shaw, Navi 12	
3) Perez-Tucker, Zionna 9	4) Sinisgalli, Emma 11	
8 Fair Haven H	A	NT
1) Oakman, Adelaide 12	2) Kitchin, Janelle 11	
3) Ezzo, Megan 10	4) Breen, Kaitland 11	

**Event 22 Girls 1600 Sprint Medley FROSH**

Team	Relay	Seed Time
1 Guilderland	B	4:21.36
1) Pede, Nina 9	2) Harbeck, Emma 8	
3) Novak, Willow 9	4) Lagios, Brooklyn 7	
5) Casavant, Abby 9	6) Jackson, Angel 7	
2 Averill Park	B	4:29.58
1) Gile, Maddie 11	2) Densmore, Dayna 9	
3) Nolan, Lauren 9	4) Bryant, Mary 8	
5) Zimmerman, Caryn 10		
3 Colonie	A	4:35.24
1) Frankenfeld, Julianna 7	2) Duffy, Maddie 9	
3) Garzone, Rachel 9	4) Gepfert, Emma 11	
5) Willingham, Naliyah 9	6) Villa, Gabby 9	
4 Guilderland	A	4:47.20
1) Sano, Kadija 8	2) Barnhart, Kendall 7	
3) Gade, Mary 10	4) Montanini, Irene 10	
5) Irwin, Erica 8	6) Jackson, Angel 7	
5 Ballston Spa	A	4:58.00
1) Hu, Sabrina 10	2) Greco, Karina 10	
3) Stoffel, Alyssa 10	4) Rask, Emma 10	
5) Mull, Elizabeth 9		
6 Colonie	B	5:10.24
1) Clancy, Teagan 7	2) Ardis, Gianna 10	
3) Isaacson, Elizabeth 7	4) Thaickal, Maya 10	
5) Van Ness, Miranda 10	6) Teale, Madelyn 10	
7 Bethlehem Ce	A	5:13.80
1) Humphrey, Lilyan 9	2) Soka, Rosamond 9	
3) Douglas, Camella 8	4) Losee, Emma 9	
5) Ryan, Ciara 9		
8 Mohonasen	A	5:28.60
1) Pelts, Kaitlyn 7	2) Phan, Anna 8	
3) Finn, Catie 10	4) Hodge, Catelyn 7	
5) Sherman, Kate 10		

9 Queensbury	A	NT
1) Calby, Claudia 9	2) Caprood, Emma 10	
3) Stewart, Ava 8	4) Guay, Loraina 9	
5) Adams, Lauren 9	6) Monroe, Kayla 10	

**Event 23 Girls Long Jump Varsity**

Name	Yr	School	Seed Mark
1 Bruno, Isabella	12	Guilderland	18-05.50
2 Morone, Sophia	12	Averill Park	17-08.00
3 Gross, Matlyn	12	Guilderland	16-07.00
4 Warner-Davis, Andraya	12	Queensbury	16-06.00
5 Bisner-Boulay, Shea	10	Mohonasen	15-05.00
6 Stallmer, Madeline	10	Academy of t	15-05.00
7 Liles, Chloe	11	Queensbury	15-05.00
8 Zacher, Julia	10	Albany Acade	15-05.00
9 Raji, Khairat	12	Emma Willard	15-05.00
10 Costanzo, Sara	11	Mohonasen	15-05.00
11 Lentz, Ciena	11	Ichabod Cran	15-02.25
12 Kenney, Trinity	9	Guilderland	15-01.00
13 Nadareski, Rachel	10	Mohonasen	14-08.00
14 Paul, Samantha	10	Academy of t	14-06.00
15 Batu-Tiako, Abi	11	Plattsburgh	14-02.00
16 Kitchin, Janelle	11	Fair Haven H	14-00.50
17 Carter, Jade	11	Albany Acade	13-11.00
18 Berg, Aneesa	12	Glens Falls	13-06.50
19 Zollman, Jasmine	11	Bethlehem Ce	13-04.50
20 Wright, Cheyenne	10	Glens Falls	13-03.00
21 Kiehl, Lena	11	Averill Park	13-02.00
22 Pendleton, Taylor	11	Colonie	13-01.00
23 Plunkett, Lauren	11	Bethlehem Ce	12-02.00
24 Breslen, Anna	11	Fair Haven H	12-00.00
25 Brennan, Lauren	11	Bethlehem Ce	11-10.50
26 Lertviwatkul, Bam	11	Emma Willard	11-07.00
27 Baker, Yeseray	11	Colonie	11-06.00

**Event 24 Girls Long Jump FROSH**

Name	Yr	School	Seed Mark
1 Soka, Rosamond	9	Bethlehem Ce	15-08.50
2 Fruscio, Nevla	8	Guilderland	15-03.50
3 Douglas, Camella	8	Bethlehem Ce	15-01.00
4 Bennett, Destiny	8	Colonie	15-00.00
5 Hill, Dhaysia	10	Bethlehem Ce	14-05.25
6 Brown, Alexis	8	Mohonasen	14-04.50
7 Monroe, Kayla	10	Queensbury	14-02.00
8 Adams, Lauren	9	Queensbury	14-01.00
9 Pierro, Angelina	10	Guilderland	13-05.50
10 Slattery, Lily	8	Queensbury	13-04.00
11 Phan, Anna	8	Mohonasen	13-01.75
12 Barnhart, Kendall	7	Guilderland	13-01.00
13 Willingham, Naliyah	9	Colonie	13-00.00
14 Ladue, Hayley	8	Plattsburgh	12-09.00
15 Herrick, Hannah	8	Mohonasen	12-09.00
16 Phelps, Liz	10	Emma Willard	12-07.00
17 Ardis, Gianna	10	Colonie	12-01.00
18 Na, Yuri	9	Albany Acade	11-05.00

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## Performance List

## Event 24 ... (Girls Long Jump FROSH)

Name	Yr	School	Seed Mark
19 Castracane, Adria	9	Albany Acade	11-05.00
20 Pascoe, Renee	10	Albany Acade	11-05.00
21 Slyer, Ruby	10	Emma Willard	10-11.00
22 Wagner, Breona	9	Averill Park	10-08.00
23 Lewis, Brena	9	Glens Falls	ND
24 Pember, Madison	10	Ichabod Cran	ND

## Event 25 Girls Triple Jump Varsity

Name	Yr	School	Seed Mark
1 Bruno, Isabella	12	Guilderland	36-10.00
2 Paul, Samantha	10	Academy of t	34-05.00
3 Warner-Davis, Andraya	12	Queensbury	34-03.75
4 Lyons, Angelina	10	Plattsburgh	33-09.50
5 Gross, Matlyn	12	Guilderland	33-00.00
6 Brewer, Meghan	12	Guilderland	32-05.50
7 Kiehl, Lena	11	Averill Park	32-01.00
8 Costanzo, Sara	11	Mohonasen	31-10.75
9 Lentz, Ciena	11	Ichabod Cran	31-09.75
10 Stallmer, Madeline	10	Academy of t	31-06.00
11 Raji, Khairat	12	Emma Willard	31-01.00
12 Zollman, Jasmine	11	Bethlehem Ce	29-10.50
13 Berg, Aneesa	12	Glens Falls	29-00.00
14 Juste, Aaliyah	11	Albany Acade	28-06.00
15 Lertviwatkul, Bam	11	Emma Willard	27-09.00
16 Wright, Cheyenne	10	Glens Falls	27-07.00
17 Sodergren, Abigail	11	Bethlehem Ce	26-02.50
18 Pendleton, Taylor	11	Colonie	25-10.00

## Event 26 Girls Triple Jump FROSH

Name	Yr	School	Seed Mark
1 Soka, Rosamond	9	Bethlehem Ce	32-06.00
2 Hill, Dhaysia	10	Bethlehem Ce	31-02.75
3 Brown, Alexis	8	Mohonasen	30-09.25
4 Sano, Kadija	8	Guilderland	30-08.50
5 Strauss, Jozlyne	8	Mohonasen	29-06.00
6 Pierro, Angelina	10	Guilderland	28-06.50
7 Ryan, Ciara	9	Bethlehem Ce	28-02.00
8 Slattery, Lily	8	Queensbury	27-09.50
9 Reilly, Lauren	9	Guilderland	27-07.50
10 Cahill, Elizabeth	9	Colonie	27-06.25
11 Adams, Lauren	9	Queensbury	26-10.00
12 Juneau, Celine	9	Plattsburgh	26-07.00
13 Payne, Andrea	9	Ichabod Cran	26-05.75
14 Drummond, Jenna	10	Emma Willard	25-06.00
15 Grace, Rebecca	8	Ichabod Cran	ND

## Event 27 Girls High Jump Invitational Varsity

Name	Yr	School	Seed Mark
1 Zacher, Julia	10	Albany Acade	5-02.00
2 Donnelly, Makiya	10	Guilderland	5-00.00
3 Liles, Chloe	11	Queensbury	5-00.00
4 Kenney, Trinity	9	Guilderland	4-10.00
5 Juste, Aaliyah	11	Albany Acade	4-10.00

6 Bruno, Isabella	12	Guilderland	4-10.00
7 Bonga, Guialem	10	Emma Willard	4-10.00
8 Giombetti, Grace	10	Academy of t	4-08.00
9 Oelkers, Mary	12	Bethlehem Ce	4-03.00
10 Ezzo, Megan	10	Fair Haven H	4-03.00
11 Stoffer, Elizabeth	11	Academy of t	4-03.00
12 Foley, Kylar	11	Bethlehem Ce	4-03.00
13 Brewster, Courtney	10	Fair Haven H	4-00.00
14 Lertviwatkul, Bam	11	Emma Willard	3-09.00

## Event 28 Girls High Jump FROSH

Name	Yr	School	Seed Mark
1 McFerran, Maggie	9	Guilderland	4-03.00
2 Herrick, Hannah	8	Mohonasen	4-03.00
3 Novak, Willow	9	Guilderland	4-03.00
4 Fuller, Sydney	11	Queensbury	4-03.00
5 Geiger, Zoey	8	Ichabod Cran	4-02.00
6 Koutsourades, Elena	10	Bethlehem Ce	4-02.00
7 Phelps, Liz	10	Emma Willard	4-00.00
8 Dreslin, Nora	9	Academy of t	4-00.00

## Event 29 Girls Pole Vault Varsity

Name	Yr	School	Seed Mark
1 Racana, Emily	12	Mohonasen	10-06.00
2 Calkins, Lena	12	Mohonasen	10-06.00
3 Carroll, Fiona	10	Averill Park	9-00.00
4 Vellekoop, Alyssa	12	Guilderland	8-06.00
5 O'Neill-Knasick, Kelly	12	Averill Park	7-06.00
6 Ewing, Victoria	11	Guilderland	7-06.00
7 Masse, Sarah	11	Colonie	7-00.00

## Event 30 Girls Pole Vault FROSH

Name	Yr	School	Seed Mark
1 Densmore, Dayna	9	Averill Park	7-06.00
2 Tran, Grace	9	Colonie	6-00.00
3 Mulligan, Hope	10	Averill Park	6-00.00
4 Pember, Madison	10	Ichabod Cran	NH

## Event 31 Girls Shot Put Varsity

Name	Yr	School	Seed Mark
1 Adams, Saniyya	12	Academy of t	34-07.00
2 Willis, Morgan	12	Queensbury	34-05.75
3 Byrd, Moriah	12	Ballston Spa	34-04.00
4 Piper, Jasmine	12	Plattsburgh	31-05.00
5 Holmes, Alana	12	Guilderland	28-04.50
6 Bortell, Hailey	11	Guilderland	28-00.00
7 Reish, Caterina	12	Guilderland	28-00.00
8 O'Connor, Eleanor	11	Queensbury	27-09.00
9 Wachtel, Carleigh	11	Ballston Spa	26-10.00
10 McDermott, Kassidy	12	Queensbury	26-05.25
11 DeCocco, Bailey	12	Mohonasen	26-01.25
12 Naclerio, Jules	11	Albany Acade	25-00.00
13 Oseni, Temitoyen	12	Emma Willard	24-11.00
14 VanAmburgh, Jourdan	12	Bethlehem Ce	24-02.50
15 Hill, Destiny	11	Glens Falls	24-00.00
16 Holston, Sarah	11	Emma Willard	23-08.00

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## Performance List

## Event 31 ... (Girls Shot Put Varsity)

Name	Yr	School	Seed	Mark
17 Griffin, Nyome	10	Glens Falls	23-07.00	
18 Carey, Marissa	10	Averill Park	23-07.00	
19 Ingham, Shannon	9	Ichabod Cran	22-06.25	
20 Ochs, Riley	11	Fair Haven H	22-02.50	
21 Plante, Allison	11	Albany Acade	20-09.25	
22 Blancovich, Vicki	11	Albany Acade	20-07.75	
23 Flick, Ruthanne	12	Averill Park	20-04.00	
24 Whitley, Sydney	11	Bethlehem Ce	20-03.50	
25 Black, Abigail	10	Mohonasen	19-10.00	
26 Rivers, Julia	9	Ichabod Cran	ND	
27 Ryan, Fiona	12	Bethlehem Ce	ND	

## Event 32 Girls Shot Put FROSH

Name	Yr	School	Seed	Mark
1 Sauders, Maddie	10	Bethlehem Ce	32-04.00	
2 Pusz, Caitlin	10	Mohonasen	31-09.50	
3 Shiyam, Christine	10	Colonie	30-03.75	
4 Bonavita, Hayley	10	Guilderland	30-00.00	
5 Kinley, Lauren	9	Guilderland	27-08.00	
6 Sinisgalli, Molly	8	Mohonasen	25-00.00	
7 Graves, Duanena	9	Colonie	24-05.25	
8 Hilder, Bella	10	Mohonasen	24-01.00	
9 Pepe, Jocelyn	9	Queensbury	23-09.00	
10 Blackemore, Mariah	9	Colonie	23-02.50	
11 Reppenhagen, Jenna	9	Queensbury	22-10.00	
12 LaPier, Dani	9	Averill Park	21-00.00	
13 Guyer, Isabella	10	Averill Park	20-08.00	
14 Gebreyes, Sarah	9	Guilderland	20-00.00	
15 Ody, Jessica	9	Averill Park	17-02.00	
16 Mull, Elizabeth	9	Ballston Spa	16-11.50	
17 Markham, Taylyn	9	Ballston Spa	15-09.00	
18 Cook, Sydney	10	Ichabod Cran	ND	
19 Stevens, Katarina	9	Fair Haven H	ND	
20 Scher, Olivia	9	Fair Haven H	ND	

## Event 33 Girls Discus Throw Varsity

Name	Yr	School	Seed	Mark
1 Piper, Jasmine	12	Plattsburgh	109-00	
2 Holmes, Alana	12	Guilderland	101-11	
3 Reish, Caterina	12	Guilderland	88-07	
4 DeCocco, Bailey	12	Mohonasen	87-03	
5 Byrd, Moriah	12	Ballston Spa	85-04	
6 O'Connor, Eleanor	11	Queensbury	85-00	
7 Choppa, Isabel	11	Queensbury	81-01	
8 Willis, Morgan	12	Queensbury	79-03	
9 Ryan, Fiona	12	Bethlehem Ce	75-09	
10 Hill, Destiny	11	Glens Falls	75-01	
11 Macri, Rosemary	12	Guilderland	72-11	
12 Gomez, Samantha	11	Bethlehem Ce	72-03	
13 Whitley, Sydney	11	Bethlehem Ce	71-10	
14 Naclerio, Jules	11	Albany Acade	67-00	
15 Oseni, Temitoyen	12	Emma Willard	65-11	
16 Blancovich, Vicki	11	Albany Acade	65-00	

11 Emma Willard	64-11
10 Averill Park	64-10
9 Ichabod Cran	64-09
10 Mohonasen	59-01
11 Ballston Spa	59-00
9 Ballston Spa	58-04
12 Averill Park	55-02
9 Ichabod Cran	54-08
10 Fair Haven H	54-00
11 Albany Acade	54-00
11 Fair Haven H	50-01

## Event 34 Girls Discus Throw FROSH

Name	Yr	School	Seed	Mark
1 Shiyam, Christine	10	Colonie	100-09	
2 Kinley, Lauren	9	Guilderland	84-05	
3 Sauders, Maddie	10	Bethlehem Ce	80-02	
4 Bonavita, Hayley	10	Guilderland	80-00	
5 Blackemore, Mariah	9	Colonie	76-05	
6 Sorensen, Siri	9	Plattsburgh	70-04	
7 Pepe, Jocelyn	9	Queensbury	70-02	
8 Hilder, Bella	10	Mohonasen	68-05	
9 Reppenhagen, Jenna	9	Queensbury	68-01	
10 Guyer, Isabella	10	Averill Park	68-00	
11 LaPier, Dani	9	Averill Park	62-00	
12 Gebreyes, Sarah	9	Guilderland	60-00	
13 Ody, Jessica	9	Averill Park	48-10	
14 Graves, Duanena	9	Colonie	45-00	
15 Mull, Elizabeth	9	Ballston Spa	43-00	
16 Markham, Taylyn	9	Ballston Spa	35-00	
17 Sinisgalli, Molly	8	Mohonasen	ND	
18 Cook, Sydney	10	Ichabod Cran	ND	
19 Pusz, Caitlin	10	Mohonasen	ND	