California University of Pennsylvania
2019 Cal Track Carnival Meet Schedule

Time	Field Events
2:00 PM	**High Jump (Boys followed by Girls)**
	Pole Vault (Boys followed by Girls)
	Long Jump (Girls followed by Boys)
	Shot Put (Girls followed by Boys)
	Discus Throw (Boys followed by Girls)
	Javelin Throw (Girls followed by Boys)
3:30PM	**Triple Jump** begins *AFTER* Long Jump **(Boys followed by Girls)**

Time	Running Events – GIRLS followed by BOYS
2:00 PM	**4x800m (3200m Relay)**
	100m Hurdles
	110m Hurdles
	100m Dash
	1600m Run
	400m Dash
	4x100m (400m Relay)
	300m Hurdles
	800m Run
	200m Dash
	3200m Run
	4x400m (1600m Relay)

ROLLING SCHEDULE

4/2/19