

MERCER COACHES' CLASSIC

May 4, 2019 - 2:00pm

West Windsor-Plainsboro HS North

Join us for another great day of competition to open the month of May!

Prepare for CHAMPIONSHIP SEASON at the meet that has produced NJ #1 and US Top Ten performances every year since we got started in 2009!!!

MEET AMENITIES...

- New FAST track surface at WW-P North
- New runways and high jump apron
- Brand New UCS PV Pit
- Concessions and t-shirts for sale
- 100+ Medals and special awards!

MEET FEATURES:

- Later start so athletes can compete if taking the SATs
- FAT so athletes can get seed times for Championship Season
- Live announcing
- 4x100 meter thrower relay
- Special Awards to winners of Invitational Events
 - 1600m Run
 - Long Jump
 - Triple Jump
- Qualify for Nationals in these hard to find events!!
 - 800m sprint medley
 - 4x200 meter relay

Enter on www.njrunners.com

Meet will be limited to the first 25 full teams to enter.

THANK YOU FOR CHOOSING OUR MEET!

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Coaches Instructions

1. **Entry fees:** \$300 per gender or \$500 both gender max entries.
2. **Number of entries:**
 - Refer to milesplit meet page. 2-4 entries in all events, 1 relay.
3. **Certificate of insurance:** All competing teams must send a certificate of through mail, fax, or email. The certificate should be made out to "Mercer Track Coaches Association."
Mercer Track Coaches Association **Fax: 609-716-5142**
c/o Brian Gould ***To: Brian Gould, Track Coach**
90 Grovers Mill Road ***For: Mercer Coaches Classic**
Plainsboro, NJ 08536 **brian.gould@wwprsd.org**
Schools that do not supply a certificate will not be allowed to compete. NO EXCEPTIONS!
4. **Please note the opening heights** (Subject to change based upon entries.)
 - High Jump: 4-6 girls/5-6 boys.
 - Pole Vault: 8-0 girls/10-0 boys.
5. **Paper entries/payment due:** Friday, 4/27. Meet will be limited to the first 20 teams to enter!!!!
6. **Online Entries close:** Thursday, 5/3 at 12 noon. Meet will be limited to the first 20 teams to enter!!!!
7. **Payment:** Please make out checks and send meet fees to
 - **Mercer Track Coaches Association**
c/o Brian Gould
90 Grovers Mill Road
Plainsboro, NJ 08536
8. **Awards:** Invitational Events: Special awards to winners, medals to 2nd – 6th. Medals to the top 6 in all other events.
9. **Rules:** All NJSIAA and National Federation of State High School Associations rules will be enforced. 1/4" spikes allowed. Please supply your own blocks and batons.
10. **Concessions:** Food will be available along with sales of t-shirts.
11. **Results:** Will be posted on www.njrunners.com
12. **Questions:** Please email Brian Gould at brian.gould@wwprsd.org if you have any questions.

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ORDER OF EVENTS

GIRLS first for all track events. Updated schedule will be sent after entries close.

Time	Track Events	Time	Field Events
1:55	National Anthem	2:00	Boys Invitational Long Jump
2:00	800m Sprint Medley Relay	2:00	Girls Pole Vault
2:20	100m Hurdles	2:00	Girls Discus
2:30	110m Hurdles	2:00	Girls Javelin
2:40	4x800m Relay	2:00	Boys Shot Put
3:00	100m Dash	2:00	Boys High Jump
3:20	400m Hurdles	3:15	Girls Invitational Long Jump
3:50	800m Run	4:30	Boys Invitational Triple Jump
4:10	400m Dash	4:30	Boys Pole Vault
4:30	4x200m Relay	4:30	Boys Discus
4:45	George Wah 1600m Run	4:30	Boys Javelin
5:20	4x400m Relay	4:30	Girls Shot Put
5:50	Thrower 4x100m Relay	4:30	Girls High Jump
	Meet Ends	5:45	Girls Invitational Triple Jump

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May 5, 2018 - 2:00pm

West Windsor-Plainsboro HS North

School: _____

Address: _____

Coach: _____

Home/Cell Phone: _____

School Phone: _____

Coach Email: _____

Entry Options (check one)

Girls Team (\$300) _____

Boys Team (\$300) _____

Both Teams (\$500) _____

Please make out checks to: Mercer Track Coaches Association

Please Mail Payment & paper entry to:

West Windsor Plainsboro HS North

c/o Brian Gould

90 Grovers Mill Road

Plainsboro, NJ 08536

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