

**NCHSAA
2A EASTERN REGIONAL
ROLLING SCHEDULE OVERVIEW**

***INDIVIDUAL & RELAY AWARDS IMMEDIATELY AFTER EACH EVENT

***4 WRISTBANDS PER TEAM FOR COACHES....WRISTBANDS FOR EACH COMPETITOR AND 1 ALTERNATE PER RELAY ENTERED...ALL OTHERS WILL HAVE TO PAY FOR ENTRY UNLESS THEY HAVE CREDENTIALS

*** ALL IMPLEMENT WEIGH INS WILL TAKE PLACE AT THE SHOT AND DISCUS AREA ***

*** POLE VAULT WILL WEIGH IN AT POLE VAULT***

GATES OPEN AT 7AM FOR TEAMS.....8AM FOR SPECTATORS

8:45 AM	HEAD REFEREE AND UMPIRES MEETING/ GAMES COMMITTEE
9:00 AM	2A SCRATCH MEETING/ IMPLEMENT WEIGH IN UNTIL 10:45
9:15 AM	ATHLETES MEETING (ALL PARTICIPATING ATHLETES MUST ATTEND
9:30 AM	TRACK/ FIELD EVENTS OPEN FOR WARM UPS
10:00 AM	FIELD EVENTS #1 (GIRLS SP/LJ/PV , BOYS DISCUS/LJ/HJ)
11:30 PM	FIELD EVENTS #2 (GIRLS DISCUS/TJ/HJ, BOYS SP/TJ/PV)
12:00 PM	100/110 HH SEMI-FINALS
12:20 PM	100M DASH SEMI-FINALS
12:30 PM	3200M RELAY FINALS GIRLS FOLLOWED BY BOYS

1:00 PM	100/110 HH FINALS
1:15 PM	100M DASH FINALS
1:25 PM	800M RELAY FINALS
1:40 PM	1600M RUN FINALS
1:55 PM	400M RELAY FINALS
2:10 PM	400M RUN FINALS
2:30 PM	300 LH FINALS
2:45 PM	800M RUN FINALS
3:00 PM	200M DASH FINALS
3:15 PM	3200M RUN FINALS
3:45 PM	1600M RELAY FINALS
4:15 PM	TEAMS AWARDS CEREMONY