



850 Spartan Avenue • Berthoud, CO 80513 • Office (970) 613-7700 • Fax (970) 613-7728

Berthoud High School

8:00 am Begin Weight-in's for Pole Vault and Throwing Implements

Dr. Sarah Beth Bliss
Principal

8:30 Coaches Meeting

Michael Dewart
Assistant Principal/
Athletic Director

9:30 Girls 3200m Run

9:50 Boys 3200m Run

Morning Events: Starting at 9:00am

10:10 Girls 800m Medley Relay

Boys Long Jump

10:20 Girls 100m Hurdles

Boys Shot Put

10:30 Boys 110m Hurdles

Girls High Jump

10:40 Girls 100m Dash

Girls Triple Jump

10:55 Boys 100m Dash

Girls Discus

11:10 Girls 4x800m Relay

Boys Pole Vault

11:25 Boys 4x800m Relay

11:40 Girls 4x200m Relay

11:50 Boys 4x200m Relay

12-12:30 LUNCH

Afternoon Events: starting at 12:00

12:30 Girls 1600m Run

Boys Triple Jump

12:45 Boys 1600m Run

Boys Discus

1:10 Girls 4x100m Relay

Girls Pole Vault

1:20 Boys 4x100m Relay

Girls Long Jump

1:30 Girls 400m Dash

Girls Shot Put

1:50 Boys 400m Dash

Boys High Jump

2:10 Girls 300m Hurdles

2:25 Boys 300m Hurdles

2:40 Girls 800m Run

3:00 Boys 800m Run

3:20 Girls 200m Dash

3:35 Boys 200m Dash

3:50 Girls 4x400m Relay

4:00 Boys 4x400m Relay

Empower to learn – Challenge to achieve – Inspire to excel

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