

2019 St. Henry Crusader Classic
Middle School Track Meet

Date: Tuesday April 16, 2019

Time: 5:00PM (Coaches meeting at Finish Line 4:45)

Location: St. Henry High School

Cost: \$75.00 per team. (Boys and Girls are two separate teams). For teams with less than 7 athletes a flat fee of \$10.00 per athlete will be charged. Make all checks payable to **St. Henry Track & Field**

Participants: All public and private middle schools.

Entries: Only 3 athletes per event and 1 relay team per event. 4 events maximum per athlete. "B" squads will be charged an additional full team fee. All entries will be done online via Milesplit

Entry Deadline: Sunday April 14, 2019

Scoring: 10-8-6-4-2-1. We will use our LYNX system which features FAT. The Sprint 8 timing system will be used for back up for timing.

Awards: Customized Medals for Top 3 in each event.

Running Events: Regular order of events. All heats are final. **The 3200 will not be contested. We will also run the 300 hurdles. The 4x4 may be combined into one girls and one boys heat depending on time.**

Field Events: All field events will be finals with 3 attempts. All rounds following round #1 will be on a rolling schedule. We will not contest the pole vault.

<u>Round 1-5:00</u> Boys Long Jump (1 Hour) Boys Shot Put Girls Discus Girls High Jump	<u>Round 2 (6:00 or sooner)</u> Girls Long Jump (1 Hour) Girls Shot Put Boys High Jump Boys Discus
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Contact Information for questions:

Varsity Head Coach Greg Enxel

3755 Scheben Drive | Erlanger, KY 41018 | P: 859.525.0255 | F: 859.525.5855

E-mail: genxel.ath@shdhs.org